



Holy Family Cathedral Parish

Holy Family Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ email hfc.antigua@gmail.com ♦ Phone 268 560 2693 ♦ 461-1127
"Word and Sacrament"

3rd SUNDAY OF EASTER - 23rd APRIL, 2023 - A

THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

**FEEDING PROGRAM - for the
Shut-Ins and the Elderly, is
ongoing.
HOME - for the Elderly -**

Donations to support these programs
are welcome. Please write to the
Administrator, Holy Family Cathedral
P. O. Box 16 or Michael's Mount, St.
John's, Antigua.

LAST WEEK'S COLLECTION 16th April, 2023

	1st	2nd
Cathedral Saturday	\$ 1,074.70	\$ 619.49
Sunday 7:00 am	\$ 1,613.90	\$ 494.04
9:00 am	\$ 2,668.69	\$ 630.70
Parham	\$ 335.03	\$ 62.72
Potters 11:00 am	\$ 350.50	\$ 173.25
Villa 11:00 am	\$ 1,040.40	\$ 163.55
Donovans	\$ xxx	\$ 132.92
Diocesan Schools	\$ 110.00	

Thank you for your generosity

Bible Study continues on Wednesday
26th April from 6:45pm in the
Pastoral Centre.

**The Hispanic Community will host
lunch on Sunday 30th April, 2023
from 12:00 noon to 2:00 pm at the St
John's Catholic Hispanic Centre on
Old Parham Road. Tickets cost
\$25.00 and can be purchased at the
Pastoral Centre or from Mr. Gilbert
Laudat.**

Bingo and BBQ on Saturday
29th April in the Upper Car Park. BBQ
sale starts from 6:00 p.m. and Bingo
starts at 7:30 p.m. **SPECIAL
BINGO** for children 12 years and
Under. Adult Games: 2 cards for
\$5.00 Children: \$2.00 per
game. Proceeds for the young people
travelling to Trinidad for the Life in
the Spirit Retreat in July.

**PRE-MOTHER'S DAY BBQ
LUNCH** in May. The Young adults
traveling to Portugal for World Youth
Day will host a BBQ Lunch on
Saturday 13th May at the St. Lwanga
Youth Centre, Stapleton Lane. Please
support!

COINS DROP BOX: Every dollar
counts! 3 boxes will be at each door
of the Cathedral for you to drop your
loose change, however
small. Proceeds are in aid of the
Confirmation candidates traveling to
Trinidad for the Life in the Spirit
Retreat. We thank you in advance.

CATECHETICAL NOTICES

Youth Notice

St. Lwanga Youth Centre is now offering
assistance to CSEC and CAPE Students
doing their SBAs in Social Studies,
Geography, History, Biology and
Integrated Science. Please call the Youth
Centre to register and receive more
information.

**Rite of Christian Initiation for Adults
(RCIA):** Adults and young adults who
have not been baptized, or Confirmed or
received their First Holy Communion and
persons wishing to become a member of
the Catholic Church are invited to register
for this programme. Please call the
Pastoral Centre at 560-2693.

**ENCOURAGING our CATHOLIC
BUSINESSES** or individuals, to give
young people that initial "experience" so
many companies are requesting. We
thank the businesses and individuals who
heard the plea, saw our vision, and have
given some of our youth an opportunity.
We invite you to call our St. Lwanga
Youth Center and help us help our youth.

**UNEMPLOYED YOUTH and
YOUNG ADULTS:** If you are
unemployed or know of other persons
seeking employment, you are invited to
register at the St. Lwanga Youth Center.
Call 780-9688 or send an email
to stlwangayouth22@gmail.com.

S. J. A. Entrance Exams

Application Forms for eligible students
wishing to enter Forms 1, 2, 3 or 4 are
now available at the school's office
Mondays to Fridays from 8:00 am to
2:00pm.. The deadline for receiving
application forms is Thursday, May 11,
2023 before 2:00 pm. The Entrance
Exams for students wishing to enter Form
1 will be held Saturday, May 13, 2023 at
8:00 am.



The Prayer of the Synod:

Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity

so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

Parishioners are advised that the following Synodality synthesis comes into effect in parish management for a five year period at the first instance. All are encouraged to be part of this new parish experience.

Theme for five Years Pastoral plan "Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes" (Is 54:2).

Sub- theme : January 2023 to January 2024

A call to Missionary Discipleship .(Pastoral Exhortation 2020 (Bishop Robert Llanos pastoral letter.)

Agenda

1. Formation and training on the concept of "A Call to Missionary Discipleship" Pastoral Exhortation 2020 by Bishop Robert Llanos.
2. Continued interactions among groups in the parish with reference to gender theory and ideology
3. A review of all existing groups in the parish with consideration to consensus adoption guided by Synodality synthesis .
4. Liturgical Review (preparation of Sunday Masses and other devotions).

5. Catechetical program and its effects on faith development among the children and youth.
6. Youth Program (contents and applicability to current needs).
7. Hospitality (welcoming atmosphere in the parish – existing and improvement).
8. Home Visitation (visiting the sick, ministering spiritual needs).
- 9 Focus on the spiritual needs of men (special efforts to reach out to lapsed Catholic men).
10. Networking in the form of evangelization (reaching out to those who are on the periphery).
11. Formation of women network at the parish level (to include single women, a non-judgmental approach towards inclusion).
12. Implementation team formation towards fundraising activities.
13. Additional support for the ongoing feeding program and assistance in support resources for the newly refurbished St. Francis Home for the Poor.
14. Bible and faith formation studies

Lectio Divina

Read: The first reading is a capsule of Peter's Pentecost speech to the visitors from many nations who had converged on Jerusalem for the feast. The Letter of Peter reminds us that Jesus' death offers salvation to all people. The Gospel recounts the disciples' encounter with Jesus on the road to Emmaus.

Reflect: The Gospel today presents a short course in evangelization. Jesus meets the disciples as they travel and begins a discussion with them about what they have experienced. Jesus then helps them to understand their experience in light of Scripture, reflecting on what God is doing in their lives. Finally, Jesus brings them together as the table and they recognize him in the breaking of the bread. We are called to follow this example, reaching out without prejudice or distinction, without regard to race, class, or other division. We meet people where they are, walking alongside them on their journey through the challenges of life, sharing with them insights from Scripture and Church teaching, helping them to become aware of God's action in their lives. Hopefully, they will come to unity with Christ in his Body, the Church, around the Eucharistic table.

Pray: Lord, help me to share your Gospel with those I meet.

Act: Extend an invitation to participate in Mass or another event at your church.

PRAYER FOR THE SICK & SHUT-INS :

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Above all, grant us the grace to acknowledge your will and know that whatever you do, you do for the love of us. Amen.

Shawn Phillip, Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, John Willock, Arnold Gomes, Patrick Skerritt, Marion Warren, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Natalie Massicott, Justin Joseph, Carmen Ambrose, Tyler Lockhart., Joan Underwood, Cosmas Rowe, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson, Niethia Dyer

LIFE IN THE SPIRIT RETREAT & WORLD YOUTH DAY IN PORTUGAL:

Please support the fundraising efforts to assist the Confirmation Candidates who will be confirmed this year. They will join their peers in Trinidad from July 2 to 9. Also in July, seven persons along with their peers from the other islands will be representing the Diocese at World Youth Day in Portugal. Please pray for our young people and offer your support. Thank you.

The Parish Pentecost Sunday Brunch returns. Tickets are only \$35.00 dollars, and can be purchased at the Pastoral Centre and from the following persons: Shyka Hannays, Eutha Meade, Nichola Brown, and Gilbert Laudat. Please support.

This Sunday's Readings

23rd April, 2023

First Reading: Acts 2: 14, 22-33

Responsorial Psalm: *Keep me safe, O God; you are my hope.*

Second Reading: 1 Peter 1: 17-21

Gospel: Luke 24: 13 - 35

Readings for Monday to Saturday

Monday 24th Acts 6: 8 - 15

Psalm 119: 23,24,26,27, 29,30

John 6: 22-29

St. Fidelis of Sigmaringen, priest & martyr

Tuesday 25th 1 Peter 5: 5-14

Psalm 89: 2,3,6,7,16,17

Mark 16: 15-20

Feast of St. Mark, Evangelist

Wednesday 26th Acts 8: 1-8

Psalm 66: 1-7

John 6: 35-40

Thursday 27th Acts 8: 26 - 40

Psalm 66: 8,9,16,17,20

John 6: 44 - 51

Friday 28th Acts 9: 1 -20

Psalm 117: 1,2

John 6: 52-59

St. Peter Chanel, priest & martyr/ St. Louis-Marie de Montfort, priest

Saturday 29th Acts 9: 31-42

Psalm 116: 12-17

John 6: 60-69

St. Catherine of Siena, virgin & doctor

WHAT THE 1ST READING

SAYS TO ME. This passage is the first of six major sermons in Acts. All of these six sermons deal with the substance of the Christian message. It is "Dying you destroyed our death, rising you restored our life. Lord Jesus, come in glory". Peter's citation from Psalm 16 illustrates the freedom with which the early Church made use of the Hebrew Bible. The Psalm describes God as saving his chosen ones from destruction. Peter applies this to God's chosen one par excellence, Jesus Christ, and brings out his point: God raised up Jesus from the dead according to his "set plan and foreknowledge."

WHAT THE SECOND READING SAYS TO ME

The writer describes Christ's death and its salutary effect on us in terms of the Jewish passover: sojourn in a strange land and deliverance by the blood of a spotless passover lamb. We are still in a strange land, but we are delivered by Christ our Passover sacrifice. For final deliverance from pain and evil, we have "faith and hope...in God."

WHAT THE GOSPEL SAYS TO ME

This story is one of the most beautifully written by Luke and it offers a wealth of theological (religious) insight. God's word should be "burning within" us as often as we meditatively read it at home and listen to it in church. Meeting the Lord Jesus in the breaking of bread (the Eucharistic celebration) should open our eyes ever more! "Lord Jesus, open the Scriptures to us; make our hearts burn while you speak to us."

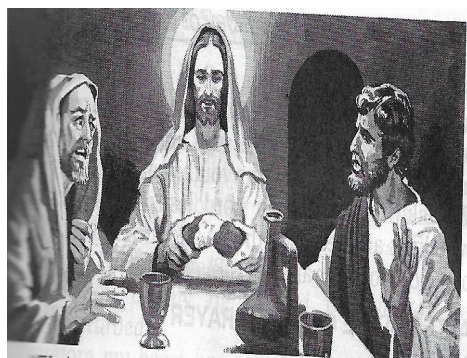
KNOW YOUR CHURCH

Zelda Caldwell/CNANation March 26, 2023

Priest Reports Possible Eucharistic Miracle at Connecticut Church

A local Connecticut television station is reporting that the Archdiocese of Hartford is investigating a possible Eucharistic miracle that may have taken place during the celebration of Mass at St. Thomas Catholic Church in Thomaston. Blessed Father Michael McGivney, founder of the Knights of Columbus, served as pastor of St. Thomas Church from 1884 until his death at age of 38, on the eve of the Assumption, in 1890. On March 5, at the conclusion of Mass, Father Joseph Crowley announced that a Eucharistic minister witnessed something unexplainable as he was distributing Communion. "One of our Eucharistic ministers was running out of Hosts and, suddenly, there were more Hosts in the ciborium. God just duplicated himself in the ciborium," an emotional Father Crowley told the faithful. "It's really, really cool when God does these things, and it's really, really cool when we realize what he's done, and it just happened today," the priest said. "Very powerful, very awesome, very real, very shocking. But also, it happens, and today it happened," he said. "They were running out of Hosts, and, all of a sudden, more Hosts were there. So today, not only did we have the miracle of the Eucharist, we also had a bigger miracle. It's pretty cool," the priest said.

"Their eyes were opened and they recognized him"





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