



# Holy Family Cathedral Parish

Holy Family Cathedral  
Michael's Mount

St. Martin de Porres  
Parham

St. Anthony's  
Potters

St. Francis of Assisi  
Villa

Good Samaritan  
Donovans



P.O. Box 16, St. John's Antigua ♦ email [hfc.antigua@gmail.com](mailto:hfc.antigua@gmail.com) ♦ Phone 268 560 2693 ♦ 461-1127  
"The Good Shepherd"

4th SUNDAY OF EASTER - 30th APRIL, 2023 - A

## THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



## PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

**FEEDING PROGRAM - for the  
Shut-Ins and the Elderly, is  
ongoing.  
HOME - for the Elderly -**

Donations to support these programs  
are welcome. Please write to the  
Administrator, Holy Family Cathedral  
P. O. Box 16 or Michael's Mount, St.  
John's, Antigua.

**Monday 1st May, 2023 is Labour  
Day.** Mass will be celebrated at 8:00  
am at Holy Family Cathedral.

\*\*\*\*\*

**Bible Study continues on  
Wednesday 3rd May from 6:45pm  
in the Pastoral Centre.**

\*\*\*\*\*

**The Hispanic Community will host  
lunch on Sunday 30th April, 2023  
from 12:00 noon to 2:00 pm at the St  
John's Catholic Hispanic Centre on  
Old Parham Road. Tickets cost  
\$25.00 and can be purchased at the  
Pastoral Centre or from Mr. Gilbert  
Laudat.**

\*\*\*\*\*

**St. Francis of Assisi Villa  
Conference** will host a cake sale on  
Mother's Day - May 14th. Please  
continue to support our efforts as we  
raise funds to assist the less fortunate  
in this area and beyond.

\*\*\*\*\*

**COINS DROP BOX:** Every dollar  
counts! 3 boxes will be at each door of  
the Cathedral for you to drop your loose  
change, however small. Proceeds are in  
aid of the Confirmation candidates  
traveling to Trinidad for the Life in the  
Spirit Retreat. We thank you in advance.

\*\*\*\*\*

**Bourgeoisie Band House** presents  
Colours of Antigua. Covered T-shirt  
Mas!! Package includes 2 pc Attire (Dri-  
fit Spandex) Unlimited food, drinks  
Security, Snacks, etc.. Cost  
\$350.00. Register during the Saturdays in  
May starting on 6<sup>th</sup> from 9:00 a.m. to 2:00  
p.m. at the St. Lwanga Youth Centre.  
Stapleton Lane or call Kim for more  
information at 789-8020.

\*\*\*\*\*

**Parishioners please be advised that  
there are still a few calendars left for  
sale. The calendars now cost \$10.00.  
Vital information about your Catholic  
Faith is included in the calendar .... Feast  
Days, prayers and lots more. Get your  
copy at the Pastoral Centre.**

## CATECHETICAL NOTICES

### Youth Notice

St. Lwanga Youth Centre is now offering  
assistance to CSEC and CAPE Students  
doing their SBAs in Social Studies,  
Geography, History, Biology and  
Integrated Science. Please call the Youth  
Centre to register and receive more  
information.

\*\*\*\*\*

**Rite of Christian Initiation for Adults  
(RCIA):** Adults and young adults who  
have not been baptized, or Confirmed or  
received their First Holy Communion and  
persons wishing to become a member of  
the Catholic Church are invited to register  
for this programme. Please call the  
Pastoral Centre at 560-2693.

\*\*\*\*\*

**Bingo and BBQ POSTPONED! now  
to be held in May!!** Look forward  
to exciting prizes and games!  
More details to follow.

\*\*\*\*\*

**PRE-MOTHER'S DAY BBQ  
LUNCH :** The Young adults  
traveling to Portugal for the World  
Youth Day will host a BBQ Lunch  
on **Saturday 13th May** at the St.  
Lwanga Youth Centre. Lunch  
options: Chicken \$20.00, Fish  
\$25.00, Pork \$25.00. Tickets are  
available at the Youth Centre in  
Stapleton Lane and at the Pastoral  
Centre.

\*\*\*\*\*

### S. J. A. Entrance Exams

Application Forms for eligible students  
wishing to enter Forms 1, 2, 3 or 4 are  
now available at the school's office  
Mondays to Fridays from 8:00 am to  
2:00pm.. The deadline for receiving  
application forms is Thursday, May 11,  
2023 before 2:00 pm. The Entrance  
Exams for students wishing to enter Form  
1 will be held Saturday, May 13, 2023 at  
8:00 am.

## LAST WEEK'S COLLECTION 23rd April, 2023

	1st	2nd
Cathedral Saturday	\$ 1,701.39	\$ 877.59
Sunday	7:00 am \$ 2,219.65	\$ 424.17
	9:00 am \$ 2,567.75	\$ 574.06
Parham	\$ 532.10	\$ 107.00
Potters 11:00 am	\$ 541.00	\$ 227.50
Villa 11:00 am	\$ 1,285.90	\$ 213.10
Donovans	\$ 407.00	\$ xxx
Diocesan Schools	\$ 255.00	

Thank you for your generosity



## The Prayer of the Synod:

### Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity

so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

\*\*\*\*\*

**Parishioners are advised that the following Synodality synthesis comes into effect in parish management for a five year period at the first instance. All are encouraged to be part of this new parish experience.**

Theme for five Years Pastoral plan  
“Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes” (Is 54:2).

Sub- theme : January 2023 to January 2024

A call to Missionary Discipleship  
(Pastoral Exhortation 2020  
( Bishop Robert Llanos pastoral letter.)

#### Agenda

1. Formation and training on the concept of “A Call to Missionary Discipleship” Pastoral Exhortation 2020 by Bishop Robert Llanos.
2. Continued interactions among groups in the parish with reference to gender theory and ideology
3. A review of all existing groups in the parish with consideration to consensus adoption guided by Synodality synthesis
4. Liturgical Review (preparation of Sunday Masses and other devotions).

5. Catechetical program and its effects on faith development among the children and youth.
6. Youth Program (contents and applicability to current needs).
7. Hospitality (welcoming atmosphere in the parish – existing and improvement).
8. Home Visitation (visiting the sick, ministering spiritual needs).
- 9 Focus on the spiritual needs of men (special efforts to reach out to lapsed Catholic men).
10. Networking in the form of evangelization (reaching out to those who are on the periphery).
11. Formation of women network at the parish level (to include single women, a non-judgmental approach towards inclusion).
12. Implementation team formation towards fundraising activities.
13. Additional support for the ongoing feeding program and assistance in support resources for the newly refurbished St. Francis Home for the Poor.
14. Bible and faith formation studies

\*\*\*\*\*

**The funeral Mass of Mrs. Jeannette**  
Southwell will be held on Friday 5th May, 2023 at 2:00pm at Holy Family Cathedral. Tributes begin at 1:30pm. May her soul Rest In Peace.

\*\*\*\*\*

**The funeral Mass for Mr. Randolph**  
Ferraz will be held on Tuesday 9th May, 2023 at 2:00pm at Holy Family Cathedral. Tributes begin at 1:45pm. May his soul Rest In Peace.

\*\*\*\*\*

**The funeral Service for Ms. Joan George** will be held on Wednesday 10th May, 2023 at 2:00pm at Holy Family Cathedral. May her soul Rest In Peace.

\*\*\*\*\*

**The funeral Service for Mr. Junior**  
Conrad Ryan will be held on Friday 12th May, 2023 at 2:00pm at Holy Family Cathedral. May his soul Rest In Peace.



## PRAYER FOR THE SICK & SHUT-INS :

**Dear Jesus, Divine Physician and Healer of the sick,** we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Above all, grant us the grace to acknowledge your will and know that whatever you do, you do for the love of us. Amen.

Shawn Phillip, Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, John Willock, Arnold Gomes, Patrick Skerritt, Marion Warren, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Natalie Massicott, Justin Joseph, Carmen Ambrose, Tyler Lockhart., Joan Underwood, Cosmas Rowe, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson, Niethia Dyier

\*\*\*\*\*

The Parish Pentecost Sunday Brunch returns. Tickets are only **\$35.00** dollars, and can be purchased at the Pastoral Centre and from the following persons: Shyka Hannays, Eutha Meade, Nichola Brown, and Gilbert Laudat. Please support.

\*\*\*\*\*

Parishioners are invited to celebrate Pentecost Monday at Pleasure Cove Runaway for our annual Beach Bash. Food and Drinks will be on sale. Buses will leave church grounds at 10:00 am. All are encouraged to be there and support. Proceeds in aid of Funds needed to furnish St. Francis home quarters for the nuns coming to manage the home.

\*\*\*\*\*

The month of May is the month of Our Lady. There will be rosary devotions at the grotto every Sunday from 5:00 to 6:00 pm led by the deacons. All are invited to offer their prayers.

### This Sunday's Readings

**30th April, 2023**

**First Reading: Acts 2:14, 36-41**

**Responsorial Psalm: The Lord is my shepherd; there is nothing I shall want.**

**Second Reading: 1 Peter 2: 20-25**

**Gospel: John 10: 1-10**

#### Readings for Monday to Saturday

**Monday 1st Acts 11: 1-18**

**Psalm 42: 2,3; 43: 3,4**

**John 10: 11-18**

*Feast of St. Joseph the Worker*

**Tuesday 2nd Acts 11: 19-26**

**Psalm 87: 1-7**

**John 10: 22-30**

*St. Athanasius, bishop & doctor*

**Wednesday 3rd 1 Corinthians 15: 1-8**

**Psalm 19: 2-5**

**John 14: 6-14**

*Feast of Sts. Philip and James, apostles*

**Thursday 4th Acts 13: 13-25**

**Psalm 89: 2,3,21,22,25,27**

**John 13: 16-20**

**Friday 5th Acts 13: 26-33**

**Psalm 2: 6-11**

**John 14: 1-6**

**Saturday 6th Acts 13: 44-52**

**Psalm 98: 1-4**

**John 14: 7-14**

*"The sheep follow him, because they recognize his voice."*



### **WHAT THE 1ST READING SAYS TO ME.**

Last Sunday's First Reading gave part of Peter's speech on Pentecost. Today we listen to the effect of that speech. Some three thousand people respond to Peter's call for reform and are baptized. What does the Bible want to teach you and me with this narrative? One point may be that we should accept Jesus as "both Lord and Christ." You have already done so at your baptism. But this acceptance is an on-going process. Is the Lord your guardian and shepherd in your daily life? Can you truly pray: "The Lord is my shepherd; there is nothing I shall want?"

### **WHAT THE SECOND READING SAYS TO ME**

The author of the First Letter of Peter applies the shepherd-theme to the situation of a man afflicted with pain and suffering in order to show us what is the right thing to do. What guidance does the Lord Jesus offer in such a case? The suggested answer is to accept the pain and suffering. Why? Because Jesus has done so! This general suggestion is not an invitation to accept passively any and all suffering that may strike you. But there are situations in which we have no choice. Hence, is the Lord Jesus the shepherd and guardian of your soul? Do you get on your knees in faithful prayer and supplication?

### **WHAT THE GOSPEL SAYS TO ME**

We have in this reading a fusion of two parables. The first is a picture of a sheepfold into which two parties seek to enter, a marauder and the shepherd himself. This parable refers to the false shepherd of Israel. The second parable concerns the relationship between the sheep and the shepherd. Oral tradition (preacher telling them for several decades) has fused these two parables together. Jesus as seen by the author of John's Gospel, identifies himself with both the gate and the shepherd. Both identifications make the same point. The allegorical interpretation of this combined parable is an addition of the evangelist.

### **KNOW YOUR CHURCH**

By Hannah Brockhaus

Rome Newsroom, Apr 26, 2023 / 10:30 am

Pope Francis on Vocations

In his message for the World Day of Prayer for Vocations 2023, Pope Francis said God's call to a particular vocation also includes the mission to offer one's life for others. "God's call," the pope said, "includes a 'sending.' There is no vocation without mission. There is no happiness and full self-realization unless we offer others the new life that we have found." The 60th World Day of Prayer for Vocations will take place on April 30, the Fourth Sunday of Easter, also known as Good Shepherd Sunday. St. Paul VI started the annual event in 1964. This day," Pope Francis said, "is a precious opportunity for recalling with wonder that the Lord's call is grace, complete gift, and at the same time a commitment to bring the Gospel to others." In his message, he emphasized that the Church's vocations — lay, priesthood, religious, or consecrated life — work together in a harmonious symphony. The vocations are "joined together in 'going forth' to radiate throughout the world the new life of the kingdom of God," he said.

Speaking about the inspiration of a vocational call, Pope Francis said sometimes the Holy Spirit acts in a completely unexpected way.

He recalled an indispensable moment in his own vocational journey when, on Sept. 21, 1953, on his way to a school celebration he "was led to stop by a church and go to confession."

"That day changed my life and left a mark that has endured to the present day," he said.

However, he added, God's call to a specific vocation is often revealed in a more gradual way: "in our encounter with situations of poverty, in moments of prayer, when we see a clear witness to the Gospel, or read something that opens our minds."



Restaurant and fresh pita bread  
Popeshead street  
562 6885 - 562 4136

**Signs AND Impressions**

**The QUICK Printing Specialist**  
**(268)562-4839 EXT#81**

**bss**  
business systems & supplies  
Office Equipment & Supplies

• **Printers**  
• **Copiers**  
• **Furniture**  
**(268)562-4839**

**FOOD BROKERAGE SERVICES LTD.**

Visit any of our three locations  
SOUTH STREET: 480-2000  
FRIARS HILL ROAD: 480-2017  
For the best, shop at F.B.S

EXOTIC ANTIGUA  
NEW ARRIVALS NOW IN STOCK ALL YOUR CLOTHING  
NEEDS UNDER ONE ROOF EXOTIC ANTIGUA OPEN  
MONDAY TO SATURDAY 9am TO 5pm.  
REDCLIFFE QUAY TEL: 562-1288.

Call #726-3412



“Download our App today from the Apple or Goggle Play Store  
for easy and convenient ordering.  
Eat and Earn Loyalty points via our App”.

**SPACE AVAILABLE**

**Harney**  
Motors Ltd.



462-1062

**Ace**  
Enterprises Ltd.



462-1289

**TOWNHOUSE**  
**MEGA STORE**

**SPACE AVAILABLE**

**THE LAND SHOP**  
**HAS**  
**NEW ARRIVALS/DISCOUNTS**  
And lots more  
TEL: 462-0746

**Lolita's Dream Home**

Village Walk  
Now offering Fresh Flowers  
For all occasions  
Tel: 460-4663

**CARIB WORLD TRAVEL**  
**WESTERN UNION**  
Re-Opens - At Carib-World  
Tel: 480-2999 Ext 2982  
E-mail: info@carib-world.com

**BELLE VUE HEIGHTS**  
**SERVICE STATION**  
P O Box 420, All Saints Road  
Tel: 463-3938

**WATSONS'S DRINK DEPOT & PARTY SNACKS**  
**TYRE MAXX / TYRE SPECIALISTS "NEW & USED"**



**Health & Contemporary Tourism Solutions Ltd.**  
**NEED DIALYSIS**

Visit us at: The Alhawash Building, Friars Hill Dev. WIOC  
Road. Mon - Sat. From 7 am. Call: 714 - 0253 for more info.  
Physiotherapy Services also offered.  
Dr B. Bird Tel: 732—7283

**SHOUL'S TOYS**  
**GIFTS &**  
**HOUSEWARES**

**ANTIGUA'S FAMILY**  
**STORE**  
**NEWGATES STREET**

Opening Hours -  
Mon to Sat 8:30am to 5:00pm

**SPACE AVAILABLE**

**JOHN F. SHOUL**

**HOUSEHOLD FURNISHINGS**  
**& ACCESSORIES**

“CLOTHING FOR THE ENTIRE  
FAMILY”

Mon to Sat 8:30am - 5:00pm

**SHOUL'S CHIEF STORE**

Market & St. Mary's Streets

1-268-462-1139/1140

**WE KEEP GETTING**  
**BETTER EVERYDAY**