



Holy Family Cathedral Parish

Holy Family Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ email hfc.antigua@gmail.com ♦ Phone 268 560 2693 ♦ 461-1127

"Do We Know Jesus Christ?"

2nd SUNDAY IN ORDINARY TIME - 15th JANUARY, 2023 - A

THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

**FEEDING PROGRAM - for the
Shut-Ins and the Elderly, is
ongoing.
HOME - for the Elderly -**

Donations to support these programs
are welcome. Please write to the
Administrator, Holy Family Cathedral
P. O. Box 16 or Michael's Mount, St.
John's, Antigua.

Next Sunday is the third Sunday in
Ordinary Time year A. Universally the
Church celebrates the Sunday of the Word
of God. In our local church we will also
be celebrating our 36th Anniversary of the
dedication of Holy Family Cathedral
which falls on the 20th of January.

**The church bus is being made
available to pick up persons who require
transportation to come to the 9 am Mass
on a Sunday. If you or anyone you
know would like to avail yourself of this
service, please call the Pastoral Office at
461-1127; 560-2693 or
email hfc.antigua@gmail.com.**

**Colors of Love is back. Get your
tickets and join us at Indies Green on
Friday, February 10, 2023 starting at
8:00pm. All inclusive package is
\$150.00 per person. Drinks, food and
music on the house.**

**The Diocese of St John's-Basseterre
is organizing a conference for
Catholic Men slated for Sunday,
January 29, 2023. Registration
information and other details will be
available soon.**

**The Feeding Program resumes next
month. Parishioners who know of
individuals in need of lunches, are asked
to contact Fr. George or the Pastoral
Centre**

**The Parish now has an Ice Machine.
Parishioners can get bags of ice at \$5:00
per bag. Order your ice one week in
advance.**

**Parishioners are advised that the
2023 Bible Diaries are here. The
cost is \$80.00.**

CATECHETICAL NOTICES

REGISTRATION FOR THE NEW CONFIRMATION GROUP OF YOUNG PEOPLE BORN IN 2009

Registration has been extended until
January 20th 2023. Registration can be
done at the Pastoral Centre or online.
The link is: <https://forms.gle/W5VR4geCmEQDRVK57>

YOUTH LEADERSHIP & PUBLIC SPEAKING WORKSHOP

For youth and young adults 11 years and
over. Do you want to enhance your
public speaking skills? Overcome
shyness? Learn to Speak with
confidence? Bring out your leadership
qualities? Sign up for this workshop. the
first session will be held on Saturday
28th January from 1:30 to 2:45 p.m. at
the Pastoral Centre. Registration can be
done online or pick up a form at the
Pastoral Centre. Registration
link: <https://forms.gle/iNCos7P2pArXearB9>

Lectio Divina

Read: Isaiah reminds us that God
has called us to share the good news of
his love and salvation. As Paul writes,
we are called to be holy, following the
example of Jesus and preparing his
way. John the Baptist calls Jesus the
Lamb of God who gave his life as a
sacrifice so that we might live forever.

Reflect: We are called to holiness, to
become saints with God in heaven.
There is no single path to holiness.
God calls some people to be priests or
consecrated religious. He calls many
to marry and raise families. Others
remain single. Whatever our state of
life, we are called to wake up everyday
with a firm commitment to follow.
Jesus more closely and to place our
gifts at the service of our brothers and

LAST WEEK'S COLLECTION

8th January, 2023

	1st	2nd
Cathedral Saturday	\$1,363.71	\$ 349.75

Sunday 7:00 am	\$1,710.24	\$ 679.85
9:00 am	\$3,164.16	\$ 742.06

Parham	\$ 455.00	\$ 110.00
--------	-----------	-----------

Potters 11:00 am	\$ 335.39	\$ 176.75
------------------	-----------	-----------

Villa 11:00 am	\$ 527.17	\$ 280.00
----------------	-----------	-----------

Hispanic	\$ 258.30	\$ xxx
----------	-----------	--------

Diocesan Schools	\$ 20.00	
------------------	----------	--

Thank you for your generosity

sisters. While it may seem simple in theory, loving and serving our brothers and sisters is not easy. It requires time, care, energy and a willingness to place our needs second to those of others. We can do this only through God's grace given to us by the same Spirit who descended on Jesus.

Pray: Dear God, please give me your grace to make me holy and to help me follow your Son Jesus more closely.

Act: Be particularly attentive to opportunities to serve those in need.

Our Catholic Life -

The meaning of Feasts

Generically, the term "feast" is used to refer to all types of celebrations in the Church. However, there is another particular meaning attached to this term and this is in the order of hierarchy of celebrations. Basically, the Church has three types of celebrations, namely: solemnities, feasts and memorials. This classification is according to the order of importance of each celebration which also reflects in the presence or absence of some liturgical elements.

A Solemnity is the highest degree of celebration. It is usually reserved for the great mysteries of Christ and our faith such as; Easter, Christmas, Pentecost, Epiphany, Holy Trinity, Corpus Christi; the principal titles of Christ, such as King, Sacred Heart.

Additionally, solemnities include some celebrations that honour Our Blessed Mother as well as some saints of particular importance such as: Sts. Peter and Paul, Birth of John the Baptist, Mary Mother of God etc. The structure of celebration includes: three readings, Gloria and the Creed and the prayers of the faithful.

A feast, in a particular way, celebrates a mystery of faith, a title of Our Blessed Lord and Saints who throughout the Church have a particular importance. For that reason they are celebrated universally in the church. Such saints are the Apostles and the evangelists. (For example in the forthcoming week we shall have the Feast of the conversion of St. Paul celebrated on January 25th) The structure of the celebration includes: some proper prayers, two readings and Gloria. The Creed is not said.

A memorial is further divided into obligatory and optional. Memorial generally celebrate saints who offer the Christian faithful a fitting example of imitation. They may also celebrate an aspect of Our Blessed Lord and/or Our Blessed Mother. Whereas there are specific readings offered for particular saints during their celebrations, it is highly recommended to use the readings of the day to avoid disrupting the cycle of daily readings offered in the lectionary. In a memorial celebration there is no Gloria and Creed.

PRAYER FOR THE SICK & SHUT-INS :

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Above all, grant us the grace to acknowledge your will and know that whatever you do, you do for the love of us. Amen.

Shawn Phillip, Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, John Willock, Arnold Gomes, Patrick Skerritt, Marion Warren, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Natalie Massicott, Justin Joseph, Carmen Ambrose, Tyler Lockhart., Joan Underwood, Yvonne Watkins, Cosmas Rowe, Novelle Ford, Andrea Brown, Latoya Edmun-Joseph.

PS... Please inform the Parish Office of phone contacts for this list of sick and shut-ins.



The Prayer of the Synod: Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.



This Sunday's Readings
15th January, 2023

First Reading: Isaiah 49: 3,5,6

Responsorial Psalm: Here am I Lord; I come to do your will.

Second Reading: 1 Corinthians 1: 1-3

Gospel: John 1: 29 -34

Readings for Monday to Saturday

Monday 16th Hebrews 5: 1-10

Psalm 110: 1-4

Mark 2: 18-22

Tuesday 17th Hebrews 6: 10 -20

Psalm 111: 1,2,4,5,9,10

Mark 2: 23 - 28

St Anthony, abbot

Wednesday 18th Hebrews 7: 1-3, 15-17

Psalm 110: 1-4

Mark 3: 1-6

Thursday 19th Hebrews 7: 25—8:6

Psalm 40: 7-10, 17

Mark 3: 7-12

Friday 20th Hebrews 8: 6-13

Psalm 85: 8,10 - 14

Mark 3: 13-19

St. Fabian pope & martyr/ St. Sebastian, martyr

Saturday 21st Hebrews 9: 2,3, 11-14

Psalm 47: 2,3,6,7,8,9

Mark 3: 20-21

St. Agnes, virgin & martyr

WHAT THE 1ST READING SAYS TO ME:

This Bible reading is from the second “Servant Song” in Isaiah. The prophet speaks of the Servant’s prophetic mission, namely to raise up the tribes of Israel, who were downtrodden in Babylonian slavery. The church reapplies this poem to Jesus Christ, God’s Servant, whose mission it is to raise up you and me when we are depressed. That is what a friend does for a friend! The Responsorial Psalm is a prayer of thanksgiving for deliverance out of tribulation. The writer of the Letter to the Hebrews puts the words of the Refrain into the mouth of our suffering Savior. We should try to pray this psalm with our Lord.

WHAT THE 2ND READING SAYS TO ME:

Paul sends his greetings to “the church of God that is in Corinth!” We are members of the universal Church, which is realized in our own congregation. We should not be narrow-minded and identify our own congregation with the universal Church. We are more than just members of “St Jude’s!”

WHAT THE GOSPEL SAYS TO ME:

This Gospel reading tells us about who the Lord Jesus is and about the process of getting to know him more intimately. Jesus is “the Lamb of God, who takes away the sin of the world.” Christ, our Passover sacrifice! He is great, greater than John the Baptist himself: he is to baptize with the Holy Spirit. Jesus is God’s chosen one. Do you recognize the Lord as such in your life? Pray that you may see for yourself as John the Baptist did with the help of God.

KNOW YOUR CHURCH

Accompanied by his 13-year-old son, Jesús Muñoz is traveling 500 kilometers (310 miles) on horseback to fulfill a promise made to St. Sebastian 20 years ago, when he began his university studies. As a young man Jesús Muñoz traveled from his Argentina hometown of Las Ovejas to study in Neuquén, 500 kilometers to the south, and entrusted his professional future to the intercession of St. Sebastian, the patron saint of Las Ovejas.

That young student asked the saint to accompany him during his career, and to fulfill a promise, this weekend he set off on horseback with his 13-year-old son Benjamin. Together they are traveling the 500 kilometers from Neuquén to Las Ovejas.

The journey of father and son began on Saturday night, Jan. 7, and when they left the Neuquén cathedral they received the blessing of Bishop Fernando Croxatto.

The riders hope that more faithful on horseback will join the route on the way to the shrine dedicated to St. Sebastian in Las Ovejas. “We will receive with open arms all those who want to join this crusade of faith,” said Muñoz, who plans to travel about 30 miles per day.

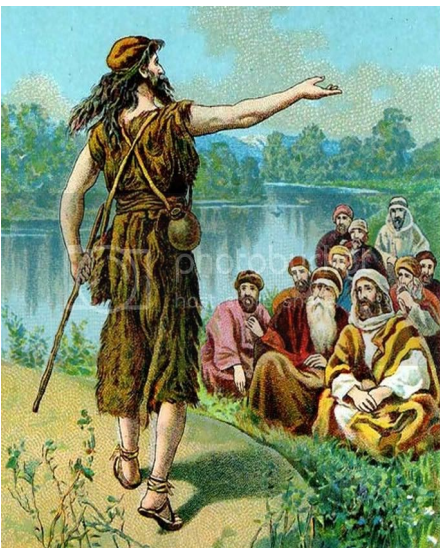
At that rate, he could finish his pilgrimage on Jan. 17 or 18.

“It is really exciting to be able to do it with my son Benjamin, who is going to accompany me. These tests of faith are very important today. Many times hopelessness, anguish overwhelms us and faith is what lifts us up,” he told the LM Neuquén online news.

“We’re coming out of a pandemic, from having lost loved ones. It’s a mixture of a bit of everything that this long ride on horseback involves and it has that mystique for us, because it’s going back to the town, going back to our roots, retaking our roots,” he added.

“Also, after obtaining my law degree, it’s very important for me to return with my people and return to my land, to return like this, to return on horseback has a priceless added value,” he explained.

“I myself did not know him, but I came baptizing to prepare for him, so that he might be revealed in Israel.”





Restaurant and fresh pita bread
Popeshead street
562 6885 - 562 4136

Signs AND Impressions

The QUICK Printing Specialist

(268)562-4839 EXT#81



• **Printers**
• **Copiers**
• **Furniture**
(268)562-4839

FOOD BROKERAGE SERVICES LTD.

Visit any of our three locations
SOUTH STREET: 480-2000
FRIARS HILL ROAD: 480-2017
For the best, shop at F.B.S

EXOTIC ANTIGUA WISHES EVERYONE A VERY HAPPY NEW YEAR. THANK YOU FOR ALL YOUR SUPPORT OVER THE PAST YEAR! CHECK US OUT FOR NEW ITEMS EVERY WEEK. VISIT US TODAY IN REDCLIFFE QUAY MON TO SAT 9-5 AND FEEL FREE TO CALL IS AT 562-1288.

Call #726-3412



“Download our App today from the Apple or Goggle Play Store for easy and convenient ordering.
Eat and Earn Loyalty points via our App”.

SPACE AVAILABLE

Harney Motors Ltd.



462-1062

Ace Enterprises Ltd.



462-1289

TOWNHOUSE MEGASTORE

SPACE AVAILABLE

**THE LAND SHOP
HAS
NEW ARRIVALS/DISCOUNTS
And lots more
TEL: 462-0746**

Lolita's Dream Home

Village Walk
Now offering Fresh Flowers
For all occasions
Tel: 460-4663

**CARIB WORLD TRAVEL
WESTERN UNION
Re-Opens - At Carib-World
Tel: 480-2999 Ext 2982
E-mail: info@carib-world.com**

**BELLE VUE HEIGHTS
SERVICE STATION
P O Box 420, All Saints Road
Tel: 463-3938**

**WATSONS'S DRINK DEPOT & PARTY SNACKS
TYRE MAXX / TYRE SPECIALISTS "NEW & USED"**



**Health & Contemporary Tourism Solutions Ltd.
NEED DIALYSIS**

Visit us at: The Alhawash Building, Friars Hill Dev. WIOC Road. Mon - Sat. From 7 am. Call: 714 - 0253 for more info. Physiotherapy Services also offered.
Dr B. Bird Tel: 732—7283

**SHOUL'S TOYS
GIFTS &
HOUSEWARES**

**ANTIGUA'S FAMILY
STORE
NEWGATES STREET**

Opening Hours -
Mon to Sat 8:30am to 5:00pm



**One On One
Holidays
Tutoring**



Does your child need help with his / her studies? Give him / her the advantage! Call Me at 773 -7077



JOHN F. SHOUL

**HOUSEHOLD FURNISHINGS
& ACCESSORIES**

**"CLOTHING FOR THE ENTIRE
FAMILY"**

Mon to Sat 8:30am - 5:00pm

SHOUL'S CHIEF STORE

Market & St. Mary's Streets

1-268-462-1139/1140

**WE KEEP GETTING
BETTER EVERYDAY**