



Holy Family Cathedral Parish

Holy Family Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ email hfc.antigua@gmail.com ♦ Phone 268 560 2693 ♦ 461-1127

"The Sermon"

13th SUNDAY IN ORDINARY TIME - 2nd JULY, 2023 - A

THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

**FEEDING PROGRAM - for the
Shut-Ins and the Elderly, is
ongoing.
HOME - for the Elderly -**

Donations to support these programs
are welcome. Please write to the
Administrator, Holy Family Cathedral
P. O. Box 16 or Michael's Mount, St.
John's, Antigua.

We would like to congratulate Fr.
George Wacuma and Fr. Boniface
Kavita on their Ordination to the
Sacred priesthood. We wish them a
successful ministry in the diocese.

**Parishioners are kindly asked to take
note that Mass on Tuesday 4th July (a
holiday) will be at 8:00 am and not 6:00
am. There will be no Mass in Potters.**

**REGISTRATION FOR NEW
GROUPS is now OPEN** and ends on
September 15th 2023. Please register
at the Parish Office or
email catecheticsfhc@gmail.com
to receive the link. First Communion -
children born in 2015; Confirmation -
young people born in 2010 or before;
Pre-Communion for children born in
2016 who attend non-Catholic
schools. Baptismal information is
required.

**The Marriage and Family Ministry
will be organizing an event**

A Panel discussion for married or
engaged couples in July and the
Marriage Enrichment Weekend from
October 6-8, 2023. The cost of the
Marriage Weekend will be
approximately US \$550.00 per couple.
Monthly payment plans are available
to interested couples.

On behalf of the parishioners we
would like to thank the members who
were appointed to serve on the ad hoc
Parish Council for a limited period of
time. Their service within the given
period was greatly appreciated and
acknowledged. However in keeping
with the Synodality principle, we will
now open nominations to serve on the
new Parish Council. That process will
begin in a few weeks.

RAFFLE WINNERS & THANK YOU TO OUR SPONSORS:

We would like
to thank our sponsors who made the
raffle a success and to Signs &
Impression for the printing of the raffle
books, also to Rotary Club for the use of
their drum. The prizes were from:
Curtain Bluff Hotel, Blue Waters Hotel,
Galley Bay Resort, Ashley Furniture
Homestore, Vanity Salon & Spa, Antigua
Vintage Teahouse, APUA, Eye Mobile,
Antigua and Barbuda Tourism Authority,
Billy's Food Mart. Our lucky winners
are: Shawnelle Walsh, Leah Joseph, Kai
Robinson, Jodie Watley, Andaiye Jack,
Julia Herbert, Ethan Joseph, Celia
Senhouse, Gregory Georges, Nicole
Edwards-Francis and Latifa
Joseph. Special thanks and deep
gratitude to all who purchased tickets.
We are pleased to announce the amount:
\$19,268.45. The proceeds are for the
Life in the Spirit Retreat and World
Youth Day Pilgrimage. **A BIG THANK
YOU TO ALL!**

CONFIRMATION CELEBRATION:

We pray for the young people who will
be Confirmed on July 16th, their parents
and sponsors. Tekhira Monah, Raheem
Charles, Ziya Norbert, Kennez Connor,
Chioma Ochasi, Keldon Guiste, Maleek
Lewis, Johan Salmon, Tyler Teague,
Israel Clarke, Neil Noronha, Kiera
Faracho, Zoey James, Nathan Cenac,
Kyle Cenac, Jaheed Williams, Junior
Robinson, Selah Wiltshire, Khaell Joseph
-Williams.

The young people, the Youth Ministry
Team and adults will be in Trinidad from
Sunday 2nd to Sunday 9th July for the
Life in the Spirit Retreat. Our group will
be joined by other youth and their leaders
from St. Kitts and Anguilla. We are
encouraging the community to pray the
3rd Glorious Mystery, the descent of the
Holy Spirit, every day for our candidates,
the retreat team and all who will be
involved with the young people. We pray
that there will be true transformation this
week. The retreat theme is
Metamorphosis.

LAST WEEK'S COLLECTION 25th June, 2023

	1st	2nd
Cathedral Saturday	\$1,427.35	\$ 589.28
Sunday 7:00 am	\$1,849.39	\$ 841.90
9:00 am	\$3,831.03	\$1,440.39
Parham	\$ 400.40	\$ 205.00
Potters 11:00 am	\$ 281.67	\$ 46.18
Villa 11:00 am	\$1,700.75	\$1,080.00
Donovans	\$ 194.20	\$ 68.75
Hispanic	\$	
Diocesan Schools	\$ 190.00	

Thank you for your generosity



The Prayer of the Synod:

Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity

so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

The Xclamation Mas Troupe presents for Carnival 2023 " **PRETTY MAS** " For more information and registration please call Daniel Charles @ 721-0368. Come and help us to express ourselves through creativity and culture.

Prayer During Hurricane Season

O Heavenly Father, all the elements of nature obey Your commands, including hurricanes. Calm the storms that threaten us and turn our fear of Your power into praise of Your goodness. Grant this through Our Lord Jesus Christ, Your Son, who lives and reigns with the Holy Spirit, one God forever and ever. Amen.

Lectio Divina

Read: Through Elisha, God rewards a faithful woman with the child she has long desired. Paul teaches about the nature of Baptism which unites us to Christ's death and Resurrection, freeing us from sin and offering us the freedom of the children of God. In Matthew's Gospel, Jesus reminds his listeners that no ties, even the closest human ties, are greater than those of faith.

Reflect: Today's Gospel is shocking! Jesus says quite plainly that we must love God more than any human being, even our parents and children! This instruction seems outrageous, especially since honoring our parents is one of the commandments. But Jesus does not tell us not to love our parents and children. Rather, we must love God first. If we love God wholeheartedly, our love will be multiplied and will overflow. We will have enough love for family, friends, strangers and even enemies. Jesus teaches that we cannot limit our love to those close to us and most like us. Our love should expand beyond what is comfortable and reach out to the margins, to those despised, ignored and forgotten.

Pray: God, help me to love you above all things.

Act: Ask forgiveness and reconcile with someone you have hurt.

The Chancery (Administrative Office) will be closed from Monday 3rd July, 2023 until Friday 7th July, 2023. The office will re-open on Monday 10th July, 2023.

PRAYER FOR THE SICK & SHUT-INS :

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Above all, grant us the grace to acknowledge your will and know that whatever you do, you do for the love of us. Amen.

Shawn Phillip, Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, John Willock, Arnold Gomes, Patrick Skerritt, Marion Warren, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Natalie Massicott, Justin Joseph, Carmen Ambrose, Tyler Lockhart., Joan Underwood, Cosmas Rowe, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson, Niethia Dyier

St. John's Catholic Primary School is open for Registration and is pleased to announce that registration continues until 15th July, 2023. We are accepting pre-school and primary school students, ages two and a half to eleven years old on a first-come , first-served basis. Application forms can be collected from the school's office from 8am to 12 pm daily, or it can be emailed to you. To receive the form via email, please send a request email to sjcpcprimary@gmail.com. Subject—Preschool Application Form or Primary School Application Form. To complete the application process, we will need copies of your child's: Birth certificate, Baptismal certificate, Health & Immunization card, Recent school report or transcript, A passport size picture, \$120 registration fee and the completed application form.

This Sunday's Readings
2nd July, 2023

First Reading: 2 Kings 4: 8-11, 14-16

**Responsorial Psalm: Forever I will sing
the goodness of the Lord.**

Second Reading: Romans 6: 3, 4,8-11

Gospel: Matthew: 10: 37-42

Readings for Monday to Saturday

Monday 3rd Ephesians 2: 19-22

Psalm 117: 1,2

John 20: 24-29

Feast of St. Thomas, Apostle

Tuesday 4th Genesis 19: 15-29

Psalm 26: 2,3,9,10,11,12

Matthew 8: 23 - 27

St. Elizabeth of Portugal, religious

Wednesday 5th Genesis 21: 5, 8 - 20

Psalm 34: 7,8,10,11,12,13

Matthew 8: 28-34

St. Anthony Mary Zaccaria, priest

Thursday 6th Genesis 22: 1-19

Psalm 115: 1-6, 8,9

Matthew 9: 1-8

**Friday 7th Genesis 23: 1-4, 19; 24: 1-8,
62-67**

Psalm 106: 1-5

Matthew 9: 9-13

Saturday 8th Genesis 27: 1-5, 15 - 29

Psalm 135: 1-6

Matthew 9: 14 -17

Blessed Virgin Mary

*“And if anyone gives even a
cup of cold water to one of
these little ones, because he
is my disciple, I assure you,
he will not go unrewarded.”*



**WHAT THE 1ST READING SAYS
TO ME.**

The reading stresses the reason why the woman received Elisha into her house: “I know that he is a holy man of God,” a preacher, which means in the bible “a bearer of God’s word.” Christians should accept their priests as such, especially when listening to the Sunday sermon. They should also keep in mind that the priest has to gear his sermon to all levels of congregation. When you do not get enough out of the sermon, you could do some additional reading at home.

**WHAT THE SECOND READING
SAYS TO ME**

In this passage, notice that references to our dying with Christ in baptism are all in the past tense. No matter how much a Christian fails, baptism cannot be undone. References to our resurrection with Christ, however, are future. Our new life with Christ must constantly grow, and working on it is a lifetime job.

**WHAT THE GOSPEL SAYS TO
ME**

Like the last two Sundays this reading from Matthew’s Gospel also deals with our Lord’s missionary charge to his apostles. The first part brings out that Jesus requires total dedication to their callings. The second part tells how the Lord Jesus expects his envoys to be accepted. As in the First Reading, the emphasis is on the motive why we should accept the prophet (a man who speaks for God), the holy man (the bearer of God’s word).

**Are you looking for a place to
leave** your elderly relative when you go to work or when you have a function to attend during the week? Well, look no further. The Society of St. Vincent de Paul Day Care Centre for Seniors is the ideal place. Located in Ovals. Open from 7:30 am - 5:00 pm Mondays to Fridays and offers a warm, nurturing environment with meals provided. For more information, please call, 462-2994 or 773-5319.

KNOW YOUR CHURCH

Black Nun advanced to Sainthood
By Hannah Brockhaus

Pope Francis has advanced the sainthood cause of Mother Mary Elizabeth Lange, a Black religious sister who founded the country’s first African American religious congregation in Baltimore in 1829. The recognition of Lange’s heroic virtue and the advancement of her cause from servant of God to venerable was announced by the Vatican in a decree signed on June 22. The Church will now need to approve a miracle attributed to her intercession before she can be beatified.

Elizabeth Lange, as she was named, immigrated to the United States from Cuba in the early 1800s. Recognizing the lack of education for the children of her fellow Black immigrants, with a friend she established St. Frances Academy in her own home and with her own money to offer free schooling to Baltimore’s African American children.

With the support of Baltimore Archbishop James Whitfield, she founded a school for “girls of color” and then the Oblate Sisters of Providence, the first religious community for women of African descent. The congregation’s purpose was to provide religious and general education to African Americans. Lange and the other sisters also responded to other needs they encountered over time, including taking in orphans and widows, educating freed slaves, nursing people dying during the cholera epidemic, and cleaning at St. Mary’s Seminar. Mother Mary Lange practiced faith to an extraordinary degree. In fact, it was her deep faith which enabled her to persevere against all odds,” the Mother Mary Lange Guild notes in an [online biography](#). “To her Black brothers and sisters, she gave of herself and her material possessions until she was empty of all but Jesus, whom she shared generously with all by being a living witness to his teaching.” Lange died on Feb. 3, 1882, at the age of 92 or 93, and her cause for beatification was opened over a century later, in 1991, by Baltimore Cardinal William Keeler.



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