



Holy Family Cathedral Parish

Holy Family Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ email hfc.antigua@gmail.com ♦ Phone 268 560 2693 ♦ 461-1127

"God's Kingdom To Be Established"

14th SUNDAY IN ORDINARY TIME - 9th JULY, 2023 - A

THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

**FEEDING PROGRAM - for the
Shut-Ins and the Elderly, is
ongoing.
HOME - for the Elderly -**

Donations to support these programs are welcome. Please write to the Administrator, Holy Family Cathedral P. O. Box 16 or Michael's Mount, St. John's, Antigua.

LAST WEEK'S COLLECTION 2nd July, 2023

	1st	2nd
Cathedral Saturday	\$1,490.15	\$ 606.00
Sunday 7:00 am	\$1,820.85	\$ 367.30
9:00 am	\$2,473.47	\$ 488.34
Parham	\$ 605.00	\$ 168.00
Potters 11:00 am	\$1,050.15	\$ 173.67
Villa 11:00 am	\$1,212.75	\$ 318.40
Donovans	\$ 160.00	\$
Diocesan Schools	\$ 165.00	

Thank you for your generosity

REGISTRATION FOR NEW GROUPS is now OPEN

and ends on September 15th 2023. Please register at the Parish Office or email catecheticsfhc@gmail.com to receive the link. First Communion - children born in 2015; Confirmation - young people born in 2010 or before; Pre-Communion for children born in 2016 who attend non-Catholic schools. Baptismal information is required.

The Marriage and Family Ministry will be organizing the following events:

A Panel discussion for married or engaged couples in July and the Marriage Enrichment Weekend from October 6-8, 2023. The cost of the Marriage Weekend will be approximately US \$550.00 per couple. Monthly payment plans are available to interested couples.

Vacancies exist for the following positions at the St. Augustine Primary School in Montserrat:

Primary Religious Education Teacher
Primary School Classroom Teacher
Primary School Principal

Application Information:

St. Augustine Primary School Board

Tel: (664) 491 4768

Email: staugustine@candw.ms

Deadline Date is Monday, July 17, 2023.

Please see the Diocesan website for the required qualifications.

Are you looking for a place to leave your elderly relative when you go to work or when you have a function to attend during the week? Well, look no further. The Society of St. Vincent de Paul Day Care Centre for Seniors is the ideal place. Located in Ovals. Open from 7:30 am - 5:00 pm Mondays to Fridays and offers a warm, nurturing environment with meals provided. For more information, please call, 462-2994 or 773-5319.

CONFIRMATION CELEBRATION:

We pray for the young people who will be Confirmed on July 16th, their parents and sponsors. Tekhira Monah, Raheem Charles, Ziya Norbert, Kennez Connor, Chioma Ochasi, Keldon Guiste, Maleek Lewis, Johan Salmon, Tyler Teague, Israel Clarke, Neil Noronha, Kiera Faracho, Zoey James, Nathan Cenac, Kyle Cenac, Jaheed Williams, Junior Robinson, Selah Wiltshire, Khaell Joseph -Williams.

Bon Voyage and God's blessings to Sr. Marie Eunide Voltaire SSps, as she leaves us on July 12th. Sr. Marie is missioned to our community in Morant Bay, Jamaica, where she will complete the final stage of her religious formation as a Holy Spirit Missionary Sister in accordance with the Rule of our congregation. We wish Sr. Marie Eunide well and give thanks to God for her time among us.

Sr. Ann Ita Walsh, Local Superior of the SSps, Antigua.

SJA NOTICE

There is a vacancy at St. Joseph's Academy to teach Mathematics at the CSEC Level.

Suitable qualified applicants may apply, as soon as possible to the Principal, St. Joseph's Academy P.O. Box 234 or by email:

sjaantigu@gmail.com or drop off a hard copy to the school's office.

This Sunday's Readings

9th July, 2023

First Reading: Zechariah 9: 9 -10

Responsorial Psalm: I will praise your name for ever, my King and my God.

Second Reading: Romans 8: 9,11-13

Gospel: Matthew: 11: 25-30

Readings for Monday to Saturday

Monday 10th Genesis 28: 10-22

Psalm 91: 1-4, 14,15

Matthew 9: 18-26

Tuesday 11th Genesis 32: 23-33

Psalm 17: 1-3, 6-8, 15

Matthew 9: 32-38

St. Benedict, abbot

Wednesday 12th Genesis 41: 55-57; 42: 5-7, 17-24

Psalm 33: 2,3,10,11,18,19

Matthew 10: 1 -7

Thursday 13th Genesis 44: 18-21, 23-29; 45: 1-5

Psalm 105: 16-21

Matthew 10: 7-15

Friday 14th Genesis 46: 1-7, 28 -30

Psalm 37: 3,4,18,19,27,28,39,40

Matthew 10: 16-23

St. Kateri Tekakwitha, virgin

Saturday 15th Genesis 49: 29-32; 50: 15 -26

Psalm 105: 1-4, 6-7

Matthew 10: 24-33

St. Bonaventure, bishop & doctor

WHAT THE 1ST READING SAYS TO ME.

Zechariah set down this prophecy during the time that his country was overrun by the mighty Greek Alexander the Great. The prophet visualizes a messianic king to come. After he has defeated the foreign invaders, he will enter Jerusalem peacefully, not on a warrior's horse but riding on an ass. The king will reunite the Northern and Southern Kingdoms of Palestine and his kingdom will comprise the entire civilized world. The Church reapplies this vision to Jesus Christ, King of God's universal kingdom. The characteristics of this Messiah introduce the theme of the Gospel. All who choose to live under the dominion of Christ the king should pray: "I extol you, O my God and King, and I will bless your name forever and ever."

WHAT THE SECOND READING SAYS TO ME

In learned rabbinical language, Paul sketches the kind of persons that Christians who are dedicated to the kingdom of God should be. Note that "body" in the Biblical sense does not mean body as opposed to soul (as in Greek thought) but the whole person, subject to sin and death yet open to redemption. "Flesh" in Paul's thinking stands for "unredeemed nature."

WHAT THE GOSPEL SAYS TO ME

The first part of this Gospel tells us that it is Jesus Christ who reveals the Father. "The wise and the learned" are obviously the wise according to this world, self-sufficient and unwilling to listen, "little ones," are the humble and simple of heart who feel the need for a transcendent message, hence listen. The second part, introduced by the First Reading, characterizes Jesus and his rule over all who choose to live under his dominion. If you are weary, submit to our Lord's dominion and you will find rest!

KNOW YOUR CHURCH

By Courtney Mares

Vatican City, Jun 25, 2023 / 06:00 am

Pope Francis has urged Christians not to be afraid of suffering criticism, economic loss, and persecution for being faithful to what the Church teaches. There is a cost to remain faithful to what counts. The cost is going against the tide, freeing oneself from being conditioned by popular opinion, being separated from those who "follow the current," Pope Francis said June 25.

In his Sunday Angelus address, the pope underlined how Jesus' words "do not be afraid" still apply today. He reflected in particular on Jesus' warning in the Gospel of Matthew: "Do not be afraid of those who kill the body but cannot kill the soul; rather, be afraid of the one who can destroy both soul and body in Gehenna" (Mt 10:28).

Pope Francis said: "It was like saying: You do not need so much to be afraid of suffering misunderstanding and criticism, of losing prestige and economic advantages to remain faithful to the Gospel, but of wasting your existence in the pursuit of trivial things that do not fill life with meaning."

"Since her beginning, in fact, the Church has experienced many persecutions, along with joys — of which there have been many. It seems paradoxical: The proclamation of the Kingdom of God is a message of peace and justice, founded on fraternal charity and on forgiveness; and yet it meets with opposition, violence, and persecution," he said.

"Jesus, however, says not to fear, not because everything will be all right in the world, no, but because we are precious to his Father and nothing that is good will be lost."

Pope Francis added that Jesus' warning means that the only true fear one should have is of throwing one's life away chasing things that do not ultimately matter. "Even today, in fact, some are ridiculed or discriminated against for not following certain fads, which, however, place second-rate realities at the center — for example, to follow after things instead of people, achievement instead of relationships," he said.

"Come to me, all you who are weary and burdened, and I will give you rest."

