



Holy Family Cathedral Parish

Holy Family Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ email hfc.antigua@gmail.com ♦ Phone 268 560 2693 ♦ 461-1127
"The Word of God"

15th SUNDAY IN ORDINARY TIME - 16th JULY, 2023 - A

THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

**FEEDING PROGRAM - for the
Shut-Ins and the Elderly, is
ongoing.
HOME - for the Elderly -**

Donations to support these programs
are welcome. Please write to the
Administrator, Holy Family Cathedral
P. O. Box 16 or Michael's Mount, St.
John's, Antigua.

REGISTRATION FOR NEW GROUPS is now OPEN

and ends on
September 15th 2023. Please register
at the Parish Office or
email catechetichfc@gmail.com to
receive the link. First Communion -
children born in 2015; Confirmation -
young people born in 2010 or before;
Pre-Communion for children born in
2016 who attend non-Catholic
schools. Baptismal information is
required.

**The Marriage and Family Ministry will
be organizing the following events:**

A Panel discussion for married or engaged
couples in July and the Marriage
Enrichment Weekend from October 6-8,
2023. The cost of the Marriage Weekend
will be approximately US \$550.00 per
couple. Monthly payment plans are
available to interested couples.

Vacancies exist for the
following positions at the St. Augustine
Primary School in Montserrat:

Primary Religious Education Teacher
Primary School Classroom Teacher
Primary School Principal

Application Information:
St. Augustine Primary School Board
Tel: (664) 491 4768
Email: staugustine@candw.ms
Deadline Date is Monday, July 17, 2023.
Please see the Diocesan website for the
required qualifications.

**Are you looking for a place to leave
your elderly relative when you go to work
or when you have a function to attend
during the week? Well, look no further.
The Society of St. Vincent de Paul Day
Care Centre for Seniors is the ideal place.
Located in Ovals. Open from 7:30 am -
5:00 pm Mondays to Fridays and offers a
warm, nurturing environment with meals
provided. For more information, please
call, 462-2994 or 773-5319.**

CONFIRMATION CELEBRATION:

We pray for the young people who will
be Confirmed today - July 16th, their
parents and sponsors. Tekhira Monah,
Raheem Charles, Ziya Norbert, Kennez
Connor, Chioma Ochasi, Keldon Guiste,
Maleek Lewis, Johan Salmon, Tyler
Teague, Israel Clarke, Neil Noronha,
Kiera Faracho, Zoey James, Nathan
Cenac, Kyle Cenac, Jaheed Williams,
Junior Robinson, Selah Wiltshire, Khaell
Joseph-Williams.

SJA NOTICES

There is a vacancy at St. Joseph's
Academy to teach Mathematics at the
CSEC Level.

Suitable qualified applicants may
apply, as soon as possible to the
Principal, St. Joseph's Academy P.O.
Box 234 or by email:

sjaantigu@gmail.com or drop off a
hard copy to the school's office.

There is a vacancy at St. Joseph's
Academy to teach **Chemistry** and
Integrated Science at the CSEC
Level.

Suitable qualified applicants may
apply, as soon as possible to the
Principal, St. Joseph's Academy
P.O. Box 234 or by email:
sjaantigu@gmail.com or drop off a
hard copy to the school's office.

SPECIAL THANK YOU to all
who assisted and facilitated in
making the Life in the Spirit
Retreat in Trinidad possible
through your contributions,
donations and prayers. May God
continue to bless you abundantly.

LAST WEEK'S COLLECTION 9th July, 2023

	1st	2nd
Cathedral Saturday	\$1,419.80	\$ 856.76
Sunday 7:00 am	\$1,290.95	\$ 363.42
9:00 am	\$2,253.40	\$ 720.41
Parham	\$ 353.90	\$ 85.00
Potters 11:00 am	\$ 638.01	\$ 184.75
Villa 11:00 am	\$ 788.10	\$ 122.20
Donovans	\$ 180.00	\$ 178.00
Diocesan Schools	\$ 70.00	

Thank you for your generosity



The Prayer of the Synod:

Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity

so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

The Xclamation Mas Troupe presents for Carnival 2023 " **PRETTY MAS** " For more information and registration please call Daniel Charles @ 721-0368. Come and help us to express ourselves through creativity and culture.

Prayer During Hurricane Season

O Heavenly Father, all the elements of nature obey Your commands, including hurricanes. Calm the storms that threaten us and turn our fear of Your power into praise of Your goodness. Grant this through Our Lord Jesus Christ, Your Son, who lives and reigns with the Holy Spirit, one God forever and ever. Amen.

Lectio Divina

Read: Isaiah assures us that God's Word will always bear fruit and accomplish his will. Paul strengthens the Romans' faith, reminding them of what God has prepared for his faithful children. Creation itself will be redeemed. Death will be destroyed forever, Jesus preaches the Parable of the Sower, encouraging his listeners to allow God's Word to bear fruit in their lives.

Reflect: The Parable of the Sower can act as an examination of conscience. As we read this parable, we can reflect on the things that keep us from allowing the Word of God to bear fruit in our lives. Do we fail to take the Word of God seriously, ignoring what our consciences tell us and what the Church teaches? Is our faith shallow so that we are easily dissuaded from living as we claim to believe? Is our faith threatened by anxiety, greed or other distractions? How can we become good soil to receive God's Word? We can prepare our hearts by spending time in prayer, listening for the Lord's voice. We can make our spirits docile to God's will. We can ask God in his mercy to cleanse us of the sins that keep us from him.

Pray: Lord, let your Word dwell in our hearts.

Act: Spend time each day reading and reflecting on God's Word.

The funeral Service of Ms. Joan Speldewinde will be held on Thursday 20th July at 1:00 pm at Holy Family Cathedral. May her soul Rest In Peace.

The funeral Mass for Lady Marie Shoul will be held on Tuesday 25th July, 2023 at 2:00 pm at Holy Family Cathedral. May her soul Rest In Peace.

The funeral Service of Ms. Aliette Graham will be held on Friday 28th July at 2:00pm at Holy Family Cathedral. May her soul Rest in Peace.

The funeral Mass for Ms. Eugenie Olivet Lloyd will be held on Thursday 3rd August at 2:00pm at Holy Family Cathedral. May her soul Rest In Peace.

PRAYER FOR THE SICK & SHUT-INS :

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Above all, grant us the grace to acknowledge your will and know that whatever you do, you do for the love of us. Amen.

Shawn Phillip, Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, John Willock, Arnold Gomes, Patrick Skerritt, Marion Warren, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Natalie Massicott, Justin Joseph, Carmen Ambrose, Tyler Lockhart., Joan Underwood, Cosmas Rowe, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson, Niethia Dyier

The Society of St. Vincent de Paul Villa Conference will host a **THRIFT SALE** on Saturday 29th July, from 8am to 4pm in the parking lot at St Francis of Assisi - Villa. Gently used items of clothing, shoes, household and other items all below **\$10.00** will be available. Please continue to support us as we endeavour to raise funds to assist the needy.

BREAKFAST! DELICIOUS BREAKFAST! Sunday 23rd July after the 7 am and 9 am Mass. Support the Portugal group as they make final preparations for their pilgrimage. Support the breakfast and leave your prayer requests for the pilgrims visit to the Fatima Shrine. Breakfast \$15.00.

This Sunday's Readings
16th July, 2023

First Reading: Isaiah 55: 10 -11

Responsorial Psalm: The seed that falls on good ground will yield a fruitful harvest.

Second Reading: Romans 8: 18 -23

Gospel: Matthew: 13: 1-23

Readings for Monday to Saturday

Monday 17th Exodus 1: 8-14, 22

Psalm Ps 124: 1-3, 4-6, 7-8

Matthew 10: 34-11:1

Tuesday 18th Exodus 2: 1-15

Psalm 69: 3,14,30,31,33,34

Matthew 11: 20 - 24

St. Camillus de Lellis, priest

Wednesday 19th Exodus 3: 1-6, 9-12

Psalm 103: 1-4, 6, 7

Matthew 11:25 - 27

Thursday 20th Exodus 3: 13-20

Psalm 105: 1,5,8,9,24 - 27

Matthew 11: 28-30

St. Apollinaris, bishop & martyr

Friday 21st Exodus 11: 10—12:14

Psalm 116: 12,13,15,16,17,18

Matthew 12: 1-8

St. Lawrence of Brindisi, priest & doctor

Saturday 22nd Song 3: 1-4

Psalm 63: 2-6, 8, 9

John 20: 1,2,11-18

“For the one who has will be given more; and he will have in abundance.”



WHAT THE 1ST READING SAYS TO ME.

This poem, clear in itself, introduces the theme of today's Gospel: the fate or final outcome of God's word when (poetically speaking) it comes down from heaven to water thirsty ground. The poet wants to emphasize that God's word can bear fruit only when it is soaked up in human life. The point is: Do we listen? We cannot blame God for a lack of guidance. The Church reapplies Psalm 65 to stress this: "You (God) have visited the land and watered it (with your word); greatly have you enriched it."

WHAT THE SECOND READING SAYS TO ME

Paul offers his attitude toward the created world. God made the world, hence it must be good. Nevertheless, it is in slavery to corruption because of Adam's (every human being's) sin. As part of the created world humans groan too. But there is hope of liberation. We expect a new heaven and a new world. Redeemed humanity will live in peace with God in a world transformed by his Spirit.

WHAT THE GOSPEL SAYS TO ME

Before the parable of the sower finally ended up in the Gospel version of Matthew, it went through a long period of oral transmission. The first part (its short form) is substantially the parable as originally told by Jesus. The allegorical interpretation at the end was added later. The discussion on the purpose of teaching in parables in between is also a later insertion that refers to the kingdom of God, mysteriously present in the works of Jesus. One may ask, if Jesus did not say all of this, is it nevertheless the word of God? Yes it is. There is much in the Gospels that was not said by Jesus verbatim. Much of the Gospels is meditative interpretation of Jesus' spirit and attitude towards life. Later the Church recognized herself in the four Gospels, as we have them now, and accepted them as God's word. Since the point of the parable is offered by the Bible itself, we do not need to comment on it. Ask yourself this question: In reading your Bible and searching for the point (God's word to you), do you establish a living contact with God by meditative prayer? This is all that Christian Bible reading is about.

KNOW YOUR CHURCH

October Synod: 'Rooted in our tradition, we walk together'

Fr Jan Nowotnik, one of the non-bishop voting members at the upcoming Synod General Assembly, stresses "the seriousness of the moment", and his hope to "hear afresh what is important for the Church of today."

By Joseph Tulloch

Last week, Fr Jan Nowotnik was named as one of the voting members of the upcoming General Assembly of the Synod, set to take place in October.

Vatican News spoke to Fr Nowotnik – who is Director of Mission for the Bishops' Conference of England and Wales – about his reaction to being selected, and the importance of the October

"Seeing my name on the list," says Fr Nowotnik, "felt quite an honour and a privilege."

At the same time, however, he stresses that "this is an important moment for the Church ecclesologically", and that this is something he was "taking very seriously".

He recognizes the gravity of the moment, he says, and realizes that "not only do I need to be praying quite hard at the moment, but also asking the prayers of those I know who will be supporting the process."

Significance of the event

What's the point of the upcoming assembly? For Fr Nowotnik, it has to do with Pope Francis' desire for a Church that is "constitutively synodal". The Synod, that is, should not be thought of as a one-off event, but rather as an ongoing way of coming together as a Church.

"When we listen to each other," the priest says, "and particularly when we listen to the voice of the Holy Spirit, speaking to the Church through our prayer, through the Scriptures, through the liturgy, through our conversations with each other, we can hear afresh what is important for the Church of today."

The process so far, Fr Nowotnik adds, has brought many such contemporary themes in the Church to light. Some of these are positive – "the things that we hold in common, our love of Christ, our love of the Church, our desire to serve the Church and each other" – while others are less inspiring: "there aren't as many young people in church, the role of women, certainly the consequences of the sexual abuse within the Church".



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