



# Holy Family Cathedral Parish

Holy Family Cathedral  
Michael's Mount

St. Martin de Porres  
Parham

St. Anthony's  
Potters

St. Francis of Assisi  
Villa

Good Samaritan  
Donovans



P.O. Box 16, St. John's Antigua ♦ email [hfc.antigua@gmail.com](mailto:hfc.antigua@gmail.com) ♦ Phone 268 560 2693 ♦ 461-1127

*"God's Call and Our Response"*

**2nd SUNDAY OF LENT - 5th March, 2023 - A**

**THE CATHEDRAL BOOK  
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CENTRE.**



**PASTORAL PROGRAM AT  
HOLY FAMILY CATHEDRAL  
PARISH**

**FEEDING PROGRAM - for the  
Shut-Ins and the Elderly, is  
ongoing.  
HOME - for the Elderly -**

Donations to support these programs  
are welcome. Please write to the  
Administrator, Holy Family Cathedral  
P. O. Box 16 or Michael's Mount, St.  
John's, Antigua.

## LAST WEEK'S COLLECTION

**26th February, 2023**

	1st	2nd
Cathedral Saturday	\$2,025.10	\$ 958.80
Sunday 7:00 am	\$1,607.28	\$ 472.07
9:00 am	\$3,246.81	\$ 755.73
Parham	\$ 300.00	\$ 80.00
Potters	\$ 491.50	\$ 171.00
Villa	\$ 723.41	\$ 330.29
Diocesan Schools	\$ 150.00	

**Thank you for your generosity**

Parishioners are advised that there are  
a few more calendars to be sold. They  
can be purchased from Mrs. Hannays at  
Saturday evening Mass, on Sunday from  
Mr. Laudat and at the Pastoral Centre.  
Cost is \$20.00.

\*\*\*\*\*  
**The Parish now has an Ice Machine.**  
Parishioners can get bags of ice at \$5:00  
per bag. Order your ice one week in  
advance.

\*\*\*\*\*  
**The next Marriage Preparation Course**  
will be held in March. Couples planning  
to get married this year are encouraged to  
pick up a registration form at the Pastoral  
Centre or at Our Lady of Perpetual  
Help's Parish Office.

\*\*\*\*\*  
**The St. Joseph's Team is a new**  
established group of active men with a  
mission to work, pray, protect, fellowship  
and evangelize, imitating the examples of  
St. Joseph their patron saint. An invitation  
is extended to all gifted and active males  
to join us every Monday evening at  
6:30pm in the Cathedral. For more  
information, please contact Deacon  
Duplessis at 771-6840.

\*\*\*\*\*  
**The Memorial Mass for Dawn**  
Patricia Trotter-Camacho will be held  
on Wednesday 8<sup>th</sup> March, 2023 10:00  
a.m. at Holy Family Cathedral. Her  
ashes will be interred at the St. John's  
Public Cemetery. May her soul Rest In  
Peace.

\*\*\*\*\*  
**A Brief Survey of the Biblical Word**  
continues 8th March and every  
Wednesday during Lent. Bible Study will  
be held in the Pastoral Centre from 6:30  
pm to 7:30 pm with Fr. Jean Paul Sade.  
Please call 560-2693 or 461-1127 or you  
can register online using this link <https://forms.gle/hFnr6BqEPa5vmouu5>

\*\*\*\*\*  
**BUS SERVICES:** Parishioners who are  
in need of transportation to the  
weekend Masses on Saturday evening,  
7 am and 9 am, are asked to call the  
Pastoral Centre register to your  
details.

## CATECHETICAL NOTICES

**Rite of Christian Initiation for Adults  
(RCIA):** Adults and young adults who  
have not been baptized, or Confirmed or  
received their First Holy Communion and  
persons wishing to become a member of  
the Catholic Church are invited to register  
for this programme starting in March.  
Please call the Pastoral Centre at 560-  
2693.

\*\*\*\*\*  
**Lenten Recollection Days for all in  
the Catechetical Ministry:**

Saturday 11th March - All Confirmation  
Candidates will be on Retreat at Our  
Lady of Perpetual Help, Tyrells Hall  
from 9:00 a.m. to 2:00 p.m. The buses  
will leave the Cathedral at 8:30 a.m. and  
return at 2:30 p.m.

**Sunday 12th March** - All parents with  
children and young people in the various  
programmes are invited to Adoration and  
Benediction at 4.00 pm in the Cathedral.

\*\*\*\*\*  
**ENCOURAGING our CATHOLIC  
BUSINESSES** or individuals, to give  
young people that initial "experience" so  
many companies are requesting. We  
thank the businesses and individuals who  
heard the plea, saw our vision, and have  
given some of our youth an opportunity.  
We invite you to call our St. Lwanga  
Youth Center and help us help our youth.  
\*\*\*\*\*

**YOUTH NIGHT BONFIRE:** Young  
people are invited to the next youth  
activity - Bonfire under the Stars in the  
upper car park on the Cathedral grounds.  
You are invited to Stations of the Cross at  
6:00 p.m. and the activity follows  
afterwards. Get your marshmallows and  
cookies for a small fee. Food will be on  
sale. **Salt fish cakes, bakes and fish** are  
on sale every Friday during Lent after  
Stations of the Cross. Proceeds will assist  
the young people going to World Youth  
Day.



## The Prayer of the Synod:

### Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity

so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

\*\*\*\*\*

**Parishioners are advised that the following Synodality synthesis comes into effect in parish management for a five year period at the first instance. All are encouraged to be part of this new parish experience.**

Theme for five Years Pastoral plan  
“Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes” (Is 54:2).

Sub- theme : January 2023 to January 2024

A call to Missionary Discipleship  
(Pastoral Exhortation 2020  
( Bishop Robert Llanos pastoral letter.)

#### Agenda

1. Formation and training on the concept of “A Call to Missionary Discipleship” Pastoral Exhortation 2020 by Bishop Robert Llanos.
2. Continued interactions among groups in the parish with reference to gender theory and ideology
3. A review of all existing groups in the parish with consideration to consensus adoption guided by Synodality synthesis
4. Liturgical Review (preparation of Sunday Masses and other devotions).

5. Catechetical program and its effects on faith development among the children and youth.
6. Youth Program (contents and applicability to current needs).
7. Hospitality (welcoming atmosphere in the parish – existing and improvement).
8. Home Visitation (visiting the sick, ministering spiritual needs).
9. Focus on the spiritual needs of men (special efforts to reach out to lapsed Catholic men).
10. Networking in the form of evangelization (reaching out to those who are on the periphery).
11. Formation of women network at the parish level (to include single women, a non-judgmental approach towards inclusion).
12. Implementation team formation towards fundraising activities.
13. Additional support for the ongoing feeding program and assistance in support resources for the newly refurbished St. Francis Home for the Poor.
14. Bible and faith formation studies

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Parishioners are informed that the next Sacrament of Baptism will be celebrated on Easter Sunday at 12:30 pm. All concerned are asked to take note.

\*\*\*\*\*

**Holy Family Cathedral Parish presents:  
PAN AND THE PASSION OF CHRIST.** A Spirit filled outdoor event on the lawn (the east parking lot)  
....**PALM SUNDAY**

Sunday 2nd April, 2023 at 5:30 pm

Tickets are \$10.00 for adults  
\$ 5.00 for children

Come and be enlightened. Come and be blessed.

A search is on for persons who can sing, dance and act to be a part of the production. The Passion of Christ and The Pan audition will be held on Wednesday 8th March at 5:00pm at Holy Family Cathedral. Please be on time. You can contact Mr. Gilbert Laudat at 720-2431 for further details.

## FRIDAYS IN LENT

Stations of the Cross will be led by the following at 6:00 pm at HFC every Friday for Lent.

- 10/03 Men's Fellowship
- 17/03 Sr. Annita & her Team
- 24/03 Parish Youth
- 30/03 Bishop—Road to the Cross
- 07/04 GOOD FRIDAY

\*\*\*\*\*

### PRAYER FOR THE SICK & SHUT-INS :

**Dear Jesus, Divine Physician and Healer of the sick,** we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Above all, grant us the grace to acknowledge your will and know that whatever you do, you do for the love of us. Amen.

Shawn Phillip, Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, John Willock, Arnold Gomes, Patrick Skerritt, Marion Warren, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Natalie Massicott, Justin Joseph, Carmen Ambrose, Tyler Lockhart., Joan Underwood, Yvonne Watkins, Cosmas Rowe, Novelle Ford, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson.

\*\*\*\*\*

Fr. George would like to thank those who have offered to assist with the feeding program at St. Francis home for the poor. Due to the absence of two religious sisters initially promised to assist with management of the home, there is a delay in the full functioning of the home. Efforts are in the process of recruiting other religious sisters.

\*\*\*\*\*

**UNEMPLOYED YOUTH and YOUNG ADULTS:** If you are unemployed or know of other persons seeking employment, you are invited to register at the St. Lwanga Youth Center. Call 780-9688 or send an email to [stlwangayouth22@gmail.com](mailto:stlwangayouth22@gmail.com).

**This Sunday's Readings**  
**5th March, 2023**

**First Reading: Genesis 12: 1-4**

**Responsorial Psalm: *Lord, let your mercy be on us, as we place our trust in you.***

**Second Reading: 2 Timothy 1: 8-10**

**Gospel: Matthew 17: 1-9**

**Readings for Monday to Saturday**

**Monday 6th Daniel 9: 4-10**

**Psalm 79: 8,9,11,13**

**Luke 6: 36-38**

**Tuesday 7th Isaiah 1: 10, 16-20**

**Psalm 50: 8,9,16,17,21,23**

**Matthew 23: 1-12**

***Sts. Perpetua & Felicity, martyrs***

**Wednesday 8th Jeremiah 18: 18 - 20**

**Psalm 31: 5,6,14 - 16**

**Matthew 20: 17-28**

***St John of God, religious***

**Thursday 9th Jeremiah 17: 5-10**

**Psalm 1: 1-4, 6**

**Luke 16: 19-31**

***St. Frances of Rome, religious***

**Friday 10th Genesis 37: 3,4,12,13,17-28**

**Psalm 105: 16 -21**

**Matthew 21: 33-43, 45,46**

**Saturday 11th Micah 7: 14,15,18-20**

**Psalm 103: 1-4, 9-12**

**Luke 15: 1-3, 11-32**

**Parishioners are invited** to a four evening Lenten Mission by way of studying the Pastoral Exhortation Letter - 'A Call to Missionary Discipleship', written and commissioned by Bishop Robert Llanos from March 13th to 16th at Holy Family Cathedral from 7:00 pm to 8:30 pm. Please make a special effort to attend.

\*\*\*\*\*  
We announce the passing of Ms. Erma Smith formerly of Sutherlands but last resided in SeaView Farm. Details of her funeral Mass will be given in a subsequent announcement. May her soul Rest In Peace.



**WHAT THE 1ST READING SAYS TO ME:**

Paul uses Abraham as the paradigm of Christian faith. Abraham never questioned or doubted God's promise. He went as the Lord directed him. God calls you in the history of your life. All his works are trustworthy, as we sing in the Responsorial Psalm. Stanza two refers to the promise. ("Fear means "filial respect.") Stanza three could be your answer.

**WHAT THE 2ND READING SAYS TO ME:**

God has saved you and called you to a holy life. Fidelity to this call may entail hardship, especially when you have to be among people who live more or less unholy lives. Do you have the courage to be different? Think of the promises!

**WHAT THE GOSPEL SAYS TO ME:**

"Fear" in the context of this Bible passage means "wholesome awe." For a brief moment the disciples experience the reality of the promise. "life and immortality ." But the daily life experience of a Christian entails seeing "no one else but Jesus." When fidelity to your call to a holy life is tempted, pray for faith in the invisible but true reality of God's promise.

\*\*\*\*\*  
**Fr Jean Paul & Regia in Trinidad** would like to congratulate the new officers of the Legion of Mary. The President .....Mrs. Altine Burdon Vice President ....Ms. Rosie Stevens Secretary ....Ms. Peggy Carrington Treasurer ....Ms. Catherine Williams May the Virgin Mary help them to carry out this mission.

\*\*\*\*\*  
**The Legion of Mary will hold its** annual ACIES program and Mass on Saturday 25th March at 9:30 am at Holy Family Cathedral for all active and auxiliary members. The presider will be Bishop Robert Llanos. All are invited.

**KNOW YOUR CHURCH**

Lent – a time for social friendship

I'm tired of people understanding Lent as about "me". How can I make "me" a better person? There is always some kind of unhealthy self-interest in that statement, even a Gnosticism – some special Lenten knowledge ('gnosis') or grace that sets me apart from others. We need to understand this correctly. Lent being about "me" certainly has validity but not with "me" as the end point. I am the beginning not the end of what God calls me to. St. Augustine says: "All men sin in Adam as in a root." The corollary of that is we are saved as a community, not just individually. Today's readings confirm that. In the first reading the prophet Joel is speaking to the people of Judea while in the gospel Jesus is speaking to his disciples. He begins with a corporate concern: "But when you give alms ...". Lent is a corporate journey. I am only focusing on myself in Lent so that I can be a better person AND insert myself in the community of faith so that I build up that community and make a positive impact on society. This social dimension is significantly lost in Lent and I am grateful Pope Francis is giving it center stage. In his encyclical Fratelli Tutti, Pope Francis speaks of "social friendship" – we are to be mindful of others, like the Samaritan traveller was mindful of the man robbed, beaten and left for dead. The Samaritan was not just giving individual assistance; he was challenging a moral vision that was geared to one's tribe and disinterested in the other. He was cultivating social friendship. Lent is a time to cultivate social friendship that flows from our prayer and fasting. UWI economist Dr. Roger Hosein said that we have seen a sixty-four percent increase in food prices over the past eight years. Combined with this is unemployment and salaries that can't make ends meet. Fallout: homelessness. This is where social friendship comes in. How can I help someone on a long-term basis, way beyond Lent?

\*\*\*\*\*  
**LIFE IN THE SPIRIT RETREAT:** The Confirmation candidates in the Diocese who will be confirmed this year will be traveling to Trinidad for their Retreat. Please pray for our young people and support the upcoming fundraising activities to assist with their travel expenses.





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