



Holy Family Cathedral Parish

Holy Family Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ email hfc.antigua@gmail.com ♦ Phone 268 560 2693 ♦ 461-1127

"Faith and Unbelief"

4th SUNDAY OF LENT - 19th March, 2023 - A

THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE



PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

**FEEDING PROGRAM - for the
Shut-Ins and the Elderly, is
ongoing.
HOME - for the Elderly -**

Donations to support these programs
are welcome. Please write to the
Administrator, Holy Family Cathedral
P. O. Box 16 or Michael's Mount, St.
John's, Antigua.

LAST WEEK'S COLLECTION

12th March, 2023

	1st	2nd
Cathedral Saturday	\$1,961.35	\$ 717.05
Sunday 7:00 am	\$1,311.95	\$ 468.10
9:00 am	\$3,375.54	\$ 630.56
Parham	\$ 642.09	\$ 145.16
Potters	\$ 635.01	\$ 165.35
Villa	\$1,154.07	\$ 369.50
Diocesan Schools	\$ 210.00	

Thank you for your generosity

Parishioners are advised that there
are a few more calendars to be sold.
They can be purchased from Mrs.
Hannays at Saturday evening Mass,
on Sunday from Mr. Laudat and at the
Pastoral Centre. Cost is \$20.00.

A Brief Survey of the Biblical Word

There will be no Bible Study on the
22nd March as Fr Jean Paul will not
be available. Bible Study continues
on 29th March. Bible Study will be
held in the Pastoral Centre from 6:45
pm to 7:45 pm.

Parishioners are informed that the
Chrism Mass will be held in St. Kitts
at the Co- Cathedral on Tuesday 28th
March, 2023.

The Legion of Mary will hold its
annual function which is known as the
ACIES program with a Mass on
Saturday 25th March at 9:30 am at Holy
Family Cathedral. This is where all
active and auxiliary members renew
their promise for a year to the Virgin
Mary. The presider will be Bishop
Robert Llanos. All are invited.

On Saturday 25th March the regular
morning Mass at 8:00 am will still be
celebrated.

Parishioners are advised that the
traditional Good Friday Stations of
the Cross this year will begin at
Tyrells and finish at Mount Tabor. It
begins at 9:00 am.

Fr. George would like to thank
persons who have decided to pledge to
assist with parish expenses. May God
bless them for their generosity.

CATECHETICAL NOTICES

Youth Notice

St. Lwanga Youth Centre is now offering
assistance to CSEC and CAPE Students
doing their SBAs in Social Studies,
Geography, History, Biology and
Integrated Science. Please call the Youth
Centre to register and receive more
information.

LENTEN FOOD PANTRY DRIVE

: The children and young
people in the Catechetical Programme
have been encouraged during the Lenten
Season to bring non-perishable items
each week they attend sessions to add to
the Food Pantry Drive. During their last
session, before they break for Easter,
each group will prepare food packages
for families who are in need of some
assistance.

**Rite of Christian Initiation for Adults
(RCIA):** Adults and young adults who
have not been baptized, or Confirmed or
received their First Holy Communion and
persons wishing to become a member of
the Catholic Church are invited to register
for this programme. Please call the
Pastoral Centre at 560-2693.

**ENCOURAGING our CATHOLIC
BUSINESSES** or individuals, to give
young people that initial "experience" so
many companies are requesting. We
thank the businesses and individuals who
heard the plea, saw our vision, and have
given some of our youth an opportunity.
We invite you to call our St. Lwanga
Youth Center and help us help our youth.

**UNEMPLOYED YOUTH and
YOUNG ADULTS:** If you are
unemployed or know of other persons
seeking employment, you are invited to
register at the St. Lwanga Youth Center.
Call 780-9688 or send an email
to stlwangayouth22@gmail.com.



The Prayer of the Synod:

Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity

so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

Parishioners are advised that the following Synodality synthesis comes into effect in parish management for a five year period at the first instance. All are encouraged to be part of this new parish experience.

Theme for five Years Pastoral plan
“Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes” (Is 54:2).

Sub- theme : January 2023 to January 2024

A call to Missionary Discipleship
(Pastoral Exhortation 2020
(Bishop Robert Llanos pastoral letter.)

Agenda

1. Formation and training on the concept of “A Call to Missionary Discipleship” Pastoral Exhortation 2020 by Bishop Robert Llanos.
2. Continued interactions among groups in the parish with reference to gender theory and ideology
3. A review of all existing groups in the parish with consideration to consensus adoption guided by Synodality synthesis
4. Liturgical Review (preparation of Sunday Masses and other devotions).

5. Catechetical program and its effects on faith development among the children and youth.
6. Youth Program (contents and applicability to current needs).
7. Hospitality (welcoming atmosphere in the parish – existing and improvement).
8. Home Visitation (visiting the sick, ministering spiritual needs).
- 9 Focus on the spiritual needs of men (special efforts to reach out to lapsed Catholic men).
10. Networking in the form of evangelization (reaching out to those who are on the periphery).
11. Formation of women network at the parish level (to include single women, a non-judgmental approach towards inclusion).
12. Implementation team formation towards fundraising activities.
13. Additional support for the ongoing feeding program and assistance in support resources for the newly refurbished St. Francis Home for the Poor.
14. Bible and faith formation studies

Parishioners are informed that the next Sacrament of Baptism will be celebrated on Easter Sunday at 12:30 pm. All concerned are asked to take note.

Holy Family Cathedral Parish presents:

PAN AND THE PASSION OF CHRIST. A Spirit filled outdoor event on the lawn (the east parking lot)
...**PALM SUNDAY**

Sunday 2nd April, 2023 at 5:30 pm

Tickets are \$10.00 for adults
\$ 5.00 for children

Come and be enlightened. Come and be blessed.

The funeral Mass for Ms. Erma Smith will be held on Friday 24th March at 10.00 am at Holy Family Cathedral. Tributes will begin at 9:30 am.. May her soul Rest In Peace.

FRIDAYS IN LENT

Stations of the Cross will be led by the following at 6:00 pm at HFC every Friday for Lent.

24/03 Parish Youth
31/03 Bishop—Road to the Cross
07/04 GOOD FRIDAY

PRAYER FOR THE SICK & SHUT-INS :

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Above all, grant us the grace to acknowledge your will and know that whatever you do, you do for the love of us. Amen.

Shawn Phillip, Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, John Willock, Arnold Gomes, Patrick Skeritt, Marion Warren, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Natalie Massicott, Justin Joseph, Carmen Ambrose, Tyler Lockhart., Joan Underwood, Yvonne Watkins, Cosmas Rowe, Novelle Ford, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson, Niethia Dyier

LIFE IN THE SPIRIT RETREAT:

The Confirmation candidates in the Diocese who will be confirmed this year will be traveling to Trinidad from July 2nd to 9th for their Retreat. Please pray for our young people and support the upcoming fundraising activities to assist with their travel expenses.

This Sunday's Readings
19th March, 2023

First Reading: 1 Samuel 16: 1,6,7,10-13

Responsorial Psalm: *The Lord is my shepherd, there is nothing I shall want.*

Second Reading: Ephesians 5: 8-14

Gospel: John 9: 1-41

Readings for Monday to Saturday

Monday 20th 2nd Samuel 7: 4,5,12-14, 16

Psalm 89: 2-5, 27,29

Romans 4: 13,16-18,22

Matthew 1: 16, 18-21, 24

Solemnity of St. Joseph, Husband of Mary

Tuesday 21st Ezekiel 47: 1-9, 12

Psalm 46: 2,3,5,6,8,9

John 5: 1-16

Wednesday 22nd Isaiah 49: 8-15

Psalm 145: 8,9,13,14,17,18

John 5: 17-30

Thursday 23rd Exodus 32: 7-14

Psalm 106: 19-23

John 5: 31-47

St. Toribio de Mogrovejo, bishop

Friday 24th Wisdom of Solomon 2: 1,12-22

Psalm 34: 17-21, 23

John 7: 1-2, 10, 25 -30

Saturday 25th Isaiah 7: 10-14; 8: 10

Psalm 40: 7-11

Luke 1: 26-38

Solemnity of the Annunciation of the Lord

WHAT THE 1ST READING SAYS TO ME:

The reading of this Lenten season have a baptismal character as we are preparing for a renewal of our baptismal commitment to God at Easter. Two elements of this reading throw light on baptism: (1) God's free choice: God chose the youngest son of Jesse, not the others. "There—anoint him, for this is the one!" (2) The meaning of the baptismal anointing: Priests, prophets and kings were anointed. Especially the kings were seen as the "Lord's anointed" —Messiah—Christ. Anointed to royal dignity, the king was viewed as God's adopted son with "the spirit of the Lord ...upon" him. At baptism the anointing with chrism brings out our royal dignity as adopted children of God. God chose you! It is not the other way around. You share God's life and are filled with the Spirit through baptism. Be appreciative!

WHAT THE 2ND READING SAYS TO ME:

"You are light in the Lord" through faith sealed with baptism. It is a basic human symbol light as good and darkness as evil. "Live as children of light." Take a stand, as suggested in the theme. It concerns the Christian life-style, "goodness and righteousness and truth" as opposed to "the fruitless works of darkness." Lent should wake us up, make us aware of what we should be as Christians. "Awake, O sleeper!"

WHAT THE GOSPEL SAYS TO ME:

The words "Rabbi (teacher) who sinned?" reveal that sickness and suffering were regarded by the Jews as punishment from God. Jesus does not agree. It is not that simple. Our Lord mentions only one possible reason for the sickness in question: that God's works may shine forth in the sick man. There are many others and ultimately human suffering remains a mystery.

KNOW YOUR CHURCH

It is indeed a joyous occasion to celebrate the 10th anniversary of Pope Francis' papacy and a genuine privilege for me to share a few thoughts on the impact the Holy Father has had on the world in general and on Indian women religious in particular over this decade.

The first visuals at St. Peter's Square on March 13, 2013, of Pope Francis' election actually set the tone for what was to follow. As he stepped onto the balcony of St. Peter's Basilica, Pope Francis looked radiant, sporting a winsome smile. Wearing a white cassock, discarding the traditional red mozzetta, was the first sign of the things to come. Asking the large cheering crowd in all humility to bless him and to bow their heads in silent prayer caught everyone's attention.

Pope Francis was certainly signaling a new kind of leadership, a new way of being church. The name he chose signified that it was truly going to be a groundbreaking leadership and that there would be many firsts: the first Jesuit to be a pope; the first pope from the Americas; the first to take the name Francis (of Assisi); the first to travel on the bus with other cardinals after the election; the first to live in the Vatican guesthouse, Santa Marta. And that was just the beginning. Many other firsts have been witnessed ever since, not least the desperately needed reforms in the church.

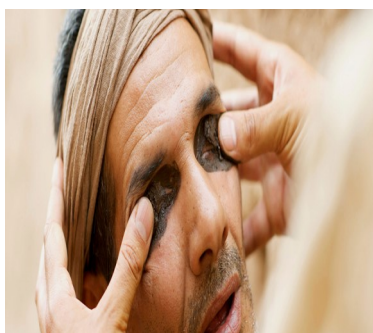
But reforms anywhere must first begin by acknowledging that something is wrong and needs a course correction. The expression of that humble acceptance came in the first interview he gave to the Jesuit magazine America.

"Who is Jorge Mario Bergoglio?" Fr. Antonio Spadaro asked.

The answer came snappily: "I am a sinner. This is the most accurate definition. It is not a figure of speech, a literary genre. I am a sinner."

In his acceptance speech at his election a few months earlier, he had stated the same: "I am a sinner, but I trust in the infinite mercy and patience of our Lord Jesus Christ." No wonder, then, that two years into his papacy, he announced the Jubilee Year of Mercy from 2015 to 2016.

"I am the light of the world."





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BETTER EVERYDAY