



Holy Family Cathedral Parish

Holy Family Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ Email - hfc.antigua@gmail.com ♦ Phone 268 560-2693 ♦ 268 461-1127
"Laws and Worship"

3rd SUNDAY OF LENT - 3rd MARCH, 2024 - B

THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

FEEDING PROGRAM - for the Shut-Ins and the Elderly, is ongoing-

Donations to support these programs are welcome. Please write to the Administrator, Holy Family Cathedral P. O. Box 16 or Michael's Mount, St. John's, Antigua.

LAST WEEK'S COLLECTION 25th February, 2024

	1st	2nd
Cathedral Saturday	\$3,004.69	\$ 846.88
Sunday 7:00 am	\$1,558.62	\$ 506.93
9:00 am	\$2,090.46	\$ 509.46
Potters	\$ 469.92	\$ 120.92
Parham	\$ 180.00	\$ 57.00
Villa	\$ 742.00	\$ 223.45
Donovans	\$ 89.25	\$ 109.50
Diocesan Schools	\$ 175.00	

Thank you for your generosity

Stations of the Cross continues on Friday 8th March, 2024 at 7:00 pm at Holy Family Cathedral.

Parish Lenten Mission will be from the 11th to 14th March at 7:00 pm. The theme is 'A Synodal church and a parish response.' The preacher is Msgr. Patrick Anthony (PABA) from St. Lucia. All are invited to attend.

LENTEN BIBLE SESSION with Fr. Jean Paul and Fr. Wacuma - March 6 & 13 - 6:45 p.m. - 8:00 p.m. at the Pastoral Centre. Learn more about the Scriptures and achieve a fulfilling relationship with God through these sessions this Lent. Bring a friend with you!

PENTECOST SONG CONTEST
Are you a singer or do you know how to turn a tune very well? Can you bring down the Holy Spirit with your vocal abilities and stage performance? Holy Family Cathedral Parish invites you to be a part of its Pentecost Song Contest 2024. You may select any genre, Christian song or your original composition but your presentation must have an upbeat rhythm indicative of Pentecost Sunday. Register at the Pastoral Centre before 29th February, 2024. Call Gilbert Laudat at 720-2431 for more information.

Parishioners are invited to the following Masses:

Tuesday 19th March Feast of St. Joseph Mass at 6:00 pm with the blessing of the New Altar. All the priests of the Diocese will be present. On Wednesday 20th March Chrism Mass at 7:00 pm.

St Joseph's Academy - St Joseph's Day - Invites you to their Fundraising Lunch - All Meals will be served with a Drink. Saturday 16th March, 2024 from 12 Noon until 2:00pm at St Joseph's Academy grounds.

Chicken, Pork, Pepperpot and Saltfish Lunch cost is \$30.00 and Fish Lunch. The cost is \$35.00. Please support.

Parishioners are kindly asked to take note that Eucharistic Adoration will be in the chapel of Holy Family Cathedral on Friday March 8th from 11:00 am to 7:00 pm and Saturday March 9th from 7:00 am to 2:00pm. Please call or come to the Pastoral Centre to sign-up. Please spend 1 hour in the Blessed Sacrament as part of your Lenten journey.

ARE YOU OR SOMEONE YOU MAY KNOW BE INTERESTED IN SHARPENING THEIR SKILLS IN DIGITAL STORYTELLING AND VIDEO PRODUCTION?

Join our special training modules:

CAST (Communications For The Antilles Specialist Training)

Become part of our Media Resource Pool and contribute to building social communications for the Catholic Church in our AEC region. SIGN UP NOW!

Training starts Thursday 7th March, 2024 from 6:00 pm - 8:00 pm virtually!

For more information and registration send an email: castmultimedia2020@gmail.com.

REGISTER NOW



The Prayer of the Synod Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

***** PRAYER FOR THE SICK & SHUT-INS :

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Amen.

Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, Arnold Gomes, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Justin Joseph, Carmen Ambrose, Tyler Lockhart., Joan Underwood, Cosmas Rowe, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson, Niethia Dyer, Patrick Skerritt, Victor Charles. Junie Browne.

Parishioners, Please take note of the Holy Week Mass Schedule:
Holy Thursday - Last Supper....7:00 pm
Good Friday Stations from Tyrells to Mount Tabour at 9:00 am
Good Friday; Passion and Death of Our Lord 's Supper at 3:00 pm
Easter Vigil is at 10:00 pm.

Parishioners are encouraged to support the annual Easter Monday Catholic Radio Beach Fiesta. Venue will be announced.

Lectio Divina

READ: It was Passover. Jesus went up to Jerusalem. In the temple precinct, Jesus saw the sellers and the money-changers. He drove them out. He told them to stop making his Father's house a marketplace. The Jews questioned Jesus' right in doing what he did in the temple court, asking for miracles. Jesus told them to destroy the temple and he would rebuild it in three days. Jesus referred to the temple of his body. Jesus remained in Jerusalem. Many believed in his name. However, Jesus did not entrust himself to them for he knew them.

REFLECT: Today's Gospel is the Johannine version of the cleansing of the temple. While the Synoptic Gospels place the narrative toward the end of Jesus' public ministry, John places it at the beginning. We may reflect that after Jesus performed the first of his seven miracles, the Jews were demanding another one in the temple court. Yet, Jesus knew their thoughts. They had appropriated the temple for themselves, turning it into a marketplace. Appropriation can mislead us, making us believe that we can do anything we want to the things we appropriate even if it is no longer in accordance with God's will.

CATECHETICAL NOTICE

ANTILLES EPISCOPAL CONFERENCE YOUTH ASSEMBLY (AECYA) will be held in the Archdiocese of Castries, in St. Lucia from July 17 - 28 2025. The main theme for the Youth Assembly is "Pilgrims of Hope". Youth and young adults 16 - 35 years will soon be invited to register to start the preparatory stages of prayer, special activities and fundraising events.

In preparation for the Jubilee Year, 2025, Pope Francis has dedicated 2024 as the Year of Prayer. Youth and young adults are invited to participate.

LENTEN FOOD PANTRY DRIVE for vulnerable and needy families. Join the children and young people in the Catechetical programme, the Youth to Youth Ministry team with the Pontifical Mission Societies, as we continue to embark on helping those who suffer silently. Bring your items to the Pastoral Centre where our Pantry Box awaits your Lenten offerings (Almsgiving). The young people will package and distribute the items during the Easter Break.

You are cordially invited to The Final Consultation

For a Synodial Church
Communion* Participation* Mission
AGENDA

- the reports on the findings from the discussions
- what our brothers and sisters are saying in the respective parishes in the Diocese.
- discussions on the way forward journeying together.
- ways to keep the Synodal dynamism alive
- How we can be a Synodial Church in mission.

Thursday 7th March, 2024 at Holy Family Cathedral....6:00 pm.

This Sunday's Readings
3rd March, 2024

First Reading: Exodus 20: 1-17

Responsorial Psalm: Lord, you have
the words of everlasting life.

Second Reading: 1 Corinthians 1: 22-25

Gospel: John 2:13-25

Readings for Monday to Saturday

Monday 4th 2 Kings 5: 1-15

Psalm 42: 2, 3; 43: 3, 4

Luke 4: 24-30

St. Casimir

Tuesday Daniel 3: 25, 34 -43

Psalm 25: 4 -9

Matthew 18: 21-35

Wednesday 6th Deuteronomy 4: 1, 5-9

Psalm 147: 12-13, 15-16, 19-20

Matthew 5: 17-19

Thursday 7th Jeremiah 7: 23-28

Psalm 95: 1-2, 6 -9

Luke 11: 14-23

Sts. Perpetua & Felicity, martyrs

Friday 8th Hosea 14: 2-10

Psalm 81: 6-11, 14 & 17

Mark 12: 28-34

St. John of God , religious

Saturday 9th Hosea 6: 1-6

Psalm 51: 3-4, 18-21

Luke 18: 9-14

St. Frances of Rome, religious

WHAT THE FIRST READING SAYS

TO ME: Since civil and religious laws were so intimately intertwined in Hebrew culture, we must read the laws of the Old Testament with this in mind. Civil laws and laws clearly conditioned by time and culture (e.g., dietary laws) do not bind us any longer. The Ten Commandments, however, are timeless. Millions of Christians and Jews alike live by these laws. There is not only human but also divine wisdom imbedded in them. But remember, in observing laws, we Christians should be motivated by love: "You did not receive a spirit of slavery to fall back into fear, but you received a spirit of adoption, through which we cry, Abba, 'Father'".

WHAT THE SECOND READING

SAYS TO ME Jews demand "signs". They want the spectacular. Greeks want "wisdom." Everything must be clearly understandable. There is no room for intuition, vision, mystery. It may be that Paul's Jews and Greeks characterize two kinds of Christians. The first comprises those who hanker for the spectacular in worship. It must be exciting, or else they will not come. They are people who ask, "What does a worship service offer me?" and not, "What can I do to make it meaningful?" The second comprises the rationalists who crave wisdom, analysis, insight, but do not realize that values like mystery, intuition, love, or faith cannot be analyzed without being destroyed. Paul offers his vision to both groups, namely, the cross, Christ crucified. What is your stand? There is a law of worship.

WHAT THE GOSPEL SAYS TO ME

In chapter two John relates the wedding at Cana as the first of Jesus' "signs." Then he relates the cleansing of the temple. Again "signs" are in the picture. "What sign can you show us?" "Many began to believe when they saw the signs he was doing." John wants to teach that Jesus put an end to the old way of worship (in the temple), and inaugurated a new worship "in spirit and truth". This transition was accomplished by Jesus' death and resurrection. Organized worship and laws for participating in it make sense only if worship is motivated by Spirit and truth! God is not interested in hypocritical display. Make your worship meaningful today!

KNOW YOUR CHURCH *Pope*

Francis - Welcome! It is a joy to welcome you to Rome and the tomb of the Apostles Peter and Paul on the feast of Saint Gregory of Narek, Doctor of the Church. As Bishops, Successors of the Apostles, we have the responsibility of accompanying the holy People of God towards Jesus, the Lord and Friend of Mankind, our Good Shepherd. For this reason, on the day of our episcopal ordination, we committed ourselves to preserving the faith, strengthening hope and spreading the charity of Christ. Dear Brothers, one of the great responsibilities of the Synod is precisely to give your Church the Bishops of tomorrow. I urge you to choose them carefully, so that they will be devoted to the flock, faithful to pastoral care, and not driven by personal ambition. They should not be selected on the basis of our own ideas or preferences, and great caution should be used with regard to those with "a nose for business" or those "always with a suitcase in hand", leaving their people orphaned. A Bishop who sees his Eparchy as a stepping-stone to another more "prestigious" position forgets that he is married to the Church and risks, if I may be allowed to use the expression, committing "pastoral adultery". The same thing happens when one wastes time scheming to get new jobs or promotions. Bishops are not bought in the marketplace; it is Christ who chooses them as Successors of his Apostles and Shepherds of his flock. In a world so full of isolation and loneliness, we must ensure that those entrusted to our care feel the closeness of the Good Shepherd, our own paternal concern, the beauty of fraternity and the mercy of God. The children of your dear people need the closeness of their Bishops. I know that they are in diaspora throughout the world in great numbers and sometimes in vast territories, where it is difficult for them to be visited. Yet the Church is a loving Mother and she cannot fail to seek every possible means of reaching them and offering them God's love in their own ecclesial tradition. It is not so much a question of structures, which are only a means of assisting the spread of the Gospel, but above all one of pastoral charity, of seeking and promoting the good with an evangelical outlook and an open spirit: here I think also of the importance of even closer cooperation with the Armenian Apostolic Church.

"Take all this away, and stop making a marketplace of my Father's house!"





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WE KEEP GETTING
BETTER EVERYDAY