



# Holy Family Cathedral Parish

Holy Family Cathedral  
Michael's Mount

St. Martin de Porres  
Parham

St. Anthony's  
Potters

St. Francis of Assisi  
Villa

Good Samaritan  
Donovans



P.O. Box 16, St. John's Antigua ♦ Email - [hfc.antigua@gmail.com](mailto:hfc.antigua@gmail.com) ♦ Phone 268 560-2693 ♦ 268 461-1127

*"Death as a Metamorphosis into a Better Life"*

**5th SUNDAY OF LENT - 17th MARCH, 2024 - B**

## THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



## PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

### FEEDING PROGRAM - for the Shut-Ins and the Elderly, is ongoing-

Donations to support these programs are welcome. Please write to the Administrator, Holy Family Cathedral P. O. Box 16 or Michael's Mount, St. John's, Antigua.

### LAST WEEK'S COLLECTION 10th March, 2024

|                    | 1st        | 2nd       |
|--------------------|------------|-----------|
| Cathedral Saturday | \$6,227.76 | \$ 767.05 |
| Sunday 7:00 am     | \$1,858.25 | \$ 345.64 |
| 9:00 am            | \$2,936.98 | \$ 621.19 |
| Potters            | \$ 547.25  | \$ 98.25  |
| Parham             | \$ 715.00  | \$ 235.00 |
| Villa              | \$ 720.65  | \$ 382.94 |
| Donovans           | \$ 165.00  | \$ 88.25  |
| Diocesan Schools   | \$ 170.00  |           |

Thank you for your generosity

**The Road to the Cross with Bishop Llanos will be on Friday 22nd March, 2024 at 7:00 pm at Holy Family Cathedral.**

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Parishioners are informed that there will be no Mass in Potters on Tuesday 19th March and no Mass on Wednesday 20th March due to the Feast of St. Joseph and Chrism Mass.

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**Parishioners are invited to the following Masses:**

Tuesday 19th March

- Feast of St. Joseph Mass at 6:00 pm with the Blessing of the New Altar.

Wednesday 20th March

- Chrism Mass at 6:00 pm. All the priests of the Diocese will be present.

\*\*\*\*\*

**The Society of St. Vincent de Paul Villa Conference** will host a cake sale on March 31<sup>st</sup> immediately after Mass. Kindly continue to support our fundraisers. Remember every contribution helps in assisting the less fortunate.

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**Parishioners are encouraged** to support the annual Easter Monday Catholic Radio Beach Fiesta. Venue will be announced.

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### Palms for Palm Sunday

Parishioners are kindly asked to bring palms for Palm Sunday on Saturday 23rd March at 10:00 am to Holy Family Cathedral.

### HOLY WEEK SCHEDULE

**Palm Sunday - 9:00 am ONLY HFC**

**Parham - 9:00 am**

**Potters - 11:00 am**

**Villa - 11:00 am**

Holy Thursday - Last Supper..7:00 pm

Good Friday - LIVE Stations of the Cross from Tyrells to Mount Tabor at 8:00 am

Good Friday: Passion and Death of Our Lord at 3:00 pm

Easter Vigil at 10:00 pm.

Easter Sunday - HFC ...9:00 am ONLY

Parham ...9:00 am

Villa ...11:00 am

Potters ...11:00 am

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The Sacrament of Reconciliation (Confession) will be held on Saturday 23rd March, 2024 from 9:00 am to 1:00pm on the grounds of Holy Family Cathedral.

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### DIVINE MERCY NOVENA & CELEBRATION OF THE FEAST OF D I V I N E M E R C Y —

**Day 1:** The Divine Mercy Novena will be prayed in Community after the 3:00pm Service on Good Friday: Meet in the Blessed Sacrament Chapel.

**Day 2** — Meet in the Blessed Sacrament Chapel to begin at 8:00AM.

**Day 3** — Easter Sunday: Pray At Home

**Days 4 - 9:** Divine Mercy Novena to be prayed 15 Minutes Before Mass in the Various Church Communities.

**Sunday April 7th: 3:00PM** at Holy Family Cathedral: Celebration Of The Hour of Great Mercy.

Copies of the leaflet will be provided for each out station.

All are Invited.....



## The Prayer of the Synod Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

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### PRAYER FOR THE SICK & SHUT-INS :

**Dear Jesus, Divine Physician and Healer of the sick,** we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Amen.

Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, Arnold Gomes, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Justin Joseph, Carmen Ambrose, Tyler Lockhart., Joan Underwood, Cosmas Rowe, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson, Niethia Dyier, Patrick Skerritt, Victor Charles. Junie Browne.

## Lectio Divina

**READ:** Some Greeks came to Jerusalem. They expressed to Philip their desire to see Jesus. Philip went to Andrew and both of them came to Jesus to tell him about the request. Jesus told them that the hour had come for the Son of Man to be glorified. He taught them that when a grain of wheat falls to the ground and dies, it produces fruits. Jesus challenges his servants to bear fruits. Jesus prayed, expressing that the Father's name be glorified. The Father answered Jesus' prayer. Jesus said that the world is already sentenced. He explained that when he is lifted up from the earth, he will draw all people to himself.

**REFLECT:** In John's Gospel, Philip and Andrew are presented to be instruments by whom others are led to Jesus. Today's Gospel narrates how some Greeks are introduced to Jesus through them. Jesus' particular teaching in today's Gospel emphasizes the importance of dying to oneself so that others might be drawn nearer to the Father. As Jesus' followers, it is always part of our mission to reach out to others so that they will be drawn nearer to Jesus. In the end, when we reach out to others, Jesus is reaching out to them together with us.

**PRAY:** Let us pray that, together with Jesus, we may reach out to others even if it entails dying to ourselves.

**ACT:** Let us think of one person whom we have not talked to for a long time and reach out to this person.

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### PENTECOST SONG CONTEST

Are you a singer or do you know how to turn a tune very well? Can you bring down the Holy Spirit with your vocal abilities and stage performance? Holy Family Cathedral Parish invites you to be a part of its Pentecost Song Contest 2024. You may select any genre, Christian song or your original composition, but your presentation must have an upbeat rhythm indicative of Pentecost Sunday. Call Gilbert Laudat at 720-2431 for more information.

## CATECHETICAL NOTICE

**GOOD FRIDAY STATIONS OF THE CROSS FROM TYRELLS TO MT. TABOR:** For parishioners who are interested in transportation from the Cathedral to Tyrells for the Stations of the Cross... there will be two buses leaving the Cathedral at 7:30 a.m. sharp. Transportation will be available for the elderly during the walk to Mt. Tabor.

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**LENTEN FOOD PANTRY DRIVE:** There will be a box at the back of the Cathedral for parishioners who have indicated that they would like to bring their food and/or toiletries to Mass on Sundays. Please place your items in the box provided. The young people will package and distribute the items during the Easter Break. If you know of families who would appreciate a food package, please call the Pastoral office at 560-2693.

\*\*\*\*\*

**The St. John's Catholic Primary School** is pleased to announce that registration is open for the period of March 15<sup>th</sup> to May 15<sup>th</sup> 2024. We are accepting preschool and primary school students, ages two and a half to eleven years old. Application forms can be collected from the school's office from 8am – 12pm daily, or can be emailed to you. To receive the form via email, please send a request email to [sjcpsprimary@gmail.com](mailto:sjcpsprimary@gmail.com), **Subject – Preschool Application Form or Primary School Application Form.**

To complete the application process, you will need copies of your child's:

- Birth certificate
- Baptismal certificate where applicable
- Health and immunization card
- Recent school report or transcript
- A passport size picture
- \$120 registration fee
- Completed application form

We are looking forward to welcoming you to our SJCPS family.

**This Sunday's Readings**  
**17th March, 2024**

**First Reading: Jeremiah 31: 31-34**  
**Responsorial Psalm:** Create a clean heart in me, O God.

**Second Reading: Hebrews 5: 7-9**  
**Gospel: John 12 : 20-33**

**Readings for Monday to Saturday**  
**Monday 18th March**

**Daniel 13: 1-9, 15 -17, 19-30, 33-62**  
**Psalm 23: 1-6**  
**John 8: 1-11**

*St. Cyril of Jerusalem, bishop & doctor*  
**Tuesday 19th March**

**2 Samuel 7: 4-5, 12-14, 16**  
**Romans 4: 13, 16-18, 22**  
**Psalm 89: 2-5, 27, 29**  
**Matthew 1: 16, 18-21, 24**

*Solemnity of St. Joseph Husband of Mary*  
**Wednesday 20th March**

**Daniel 3: 14-20, 91-92, 95**  
**Daniel 3: 52-56**  
**John 8: 31-42**

**Thursday 21st March**

**Genesis 17: 3-9**  
**Psalm 105: 4-9**  
**John 8: 51-59**

**Friday 22nd March**

**Jeremiah 20: 10-13**  
**Psalm 18: 2-7**  
**John 10: 31-42**

**Saturday 23rd March**

**Ezekiel 37: 21-28**  
**Jeremiah 31: 10-13**  
**John 11: 45-56**

*St. Toribio de Mogrovejo, bishop*

***"...unless the grain of wheat falls to the earth and dies, it remains alone; but if it dies, it produces much fruit."***



**WHAT THE FIRST READING SAYS TO ME**

Jeremiah addresses the exiles in Babylon. They are being punished for their infidelity to the Mosaic covenant (partnership of God with human beings), but there will be a new start. Christians see Jeremiah's vision fulfilled in the new covenant (partnership), established by the blood of Christ. Unlike the Mosaic covenant that was written on stone tablets, the new covenant is written on our hearts. In a sacred partnership, "I will be their God, and they shall be my people." Avid Lent is the time to check where we have failed to be faithful to our partnership (covenant) with God. Make the Responsorial Psalm your prayer of repentance!

**WHAT THE SECOND READING SAYS TO ME**

We are saved, and can see death as a transfiguration into eternal life, because of Jesus' prayer and obedience to the will of God. "When he was made perfect" refers to the time after he reached his final goal in the resurrection. In our human condition, still waiting for our final transfiguration into eternal life, we are happy to have a "source of eternal salvation," namely, our Lord, who prays for us in heaven.

**WHAT THE GOSPEL SAYS TO ME**

Jesus speaks about his impending death. It will be a shock for the disciples and the final test of their faith in him. By referring to the mystery of the grain of wheat, which dies in order to produce new life, he tries to prepare them for that final decisive moment. "Hates his life" is a Semitic idiom for "is willing to give up his life." "When I am lifted up from the earth" refers to the cross. From his cross (by his death of atonement), Jesus will draw all to a glorious life with him. With the disciples we must try to see death as a mysterious metamorphosis (transformation) that Jesus went through and we must go through with him in order to live forever. "Father in heaven, ... help us to embrace the world you have given us, that we may transform the darkness of its pain into the life and joy of Easter".

**KNOW YOUR CHURCH**

By Jonathan Liedl  
CNA Newsroom, Mar 14, 2024 / 16:30 pm

Pope Francis has no plans to resign from office — though he says some in the Church wish he would.

The pontiff addresses the topic in "Life: My Story Through History," his forthcoming autobiography. Excerpts from the book, which explores in detail the most significant moments of the 87-year-old's life up until the present day, were published March 14 by the Italian newspaper Corriere della Sera. In the book, Pope Francis says that despite the criticism and medical issues he has faced during his 11-year pontificate, he considers the Petrine ministry to be "for life" and sees no conditions for resignation, barring serious physical impairment. "Over the years, perhaps some people have hoped that sooner or later, perhaps after hospitalization, I would make an announcement like this, but there is no such risk: Thanks to the Lord, I enjoy good health, and God willing, there are many projects still to realize." The pope says that some are already focusing on who might succeed him, which he says was "only human," but he also warns that this kind of speculation can be motivated by personal gain or "for profit in the newspapers." Addressing criticism leveled against him during his more than 10 years as pontiff, the Argentinean pope acknowledges that he was hurt by those who claim that he is "destroying the papacy." But he says that he would have to go to the psychologist once a week if he paid attention to all of the criticism, which he suggests is motivated by opposition to his desire to make the Church more pastoral and less monarchical. The pope also writes that it has "pained" him to see Pope Benedict XVI, who resigned in 2013 and lived in the Vatican as pope emeritus before passing away on Dec. 31, 2022, used against him for "ideological and political purposes" by "unscrupulous people who, not having accepted his resignation, have thought of their own gain and their own little garden to cultivate, underestimating the dramatic possibility of a fracture within the Church."





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